



TOT Garrotxa

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GARROTXA
the volcanic region





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TOT Garrotxa

The Volcanic region

Welcome

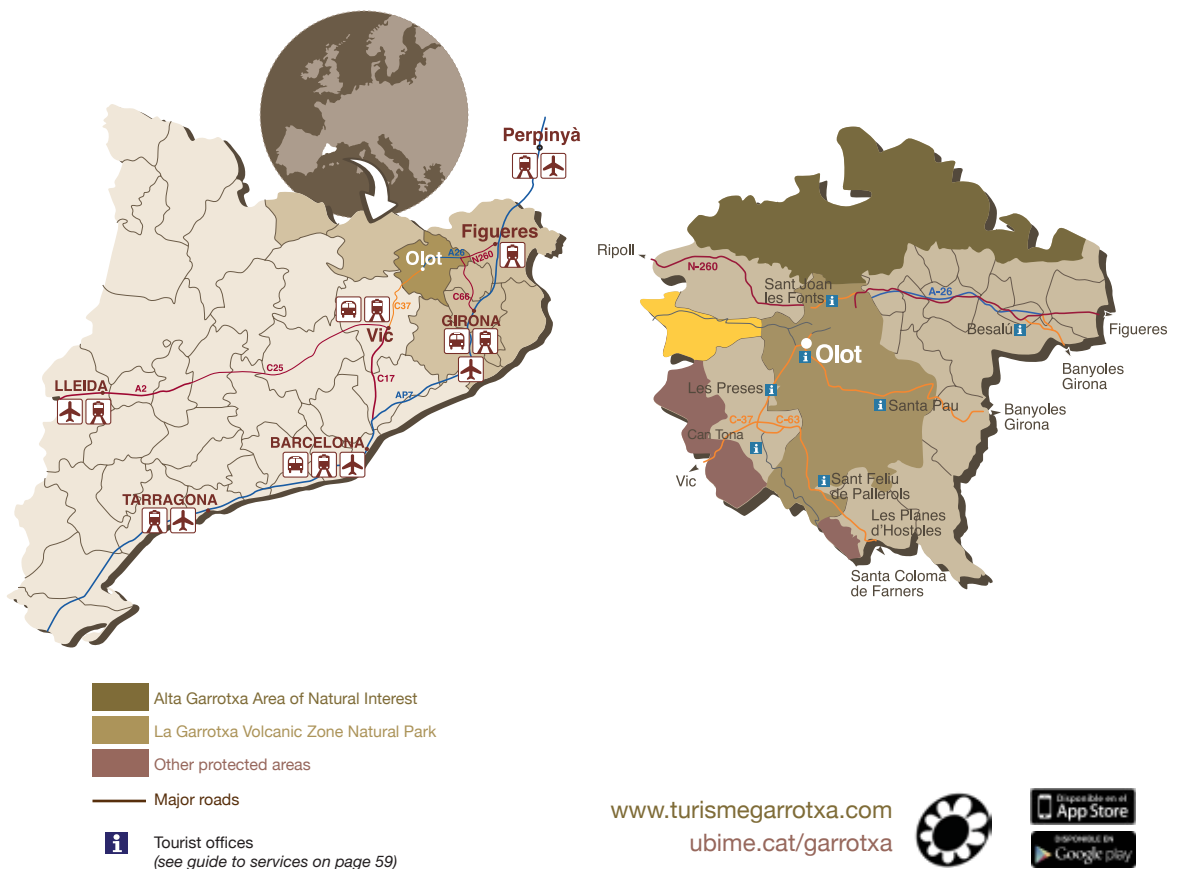
This guide provides a chance for everyone to get to know the *comarca* of La Garrotxa: inside you will find all the information you need to discover the area and make the most of its main attractions and the best of the services offered by the local tourist providers.

Here you will find 17 proposals for activities that can be enjoyed throughout the year. They include visits to some of the most exceptional corners of the *comarca* and sites of great beauty and charm, which can all be visited easily on foot, by bike or by car.

We are delighted to be able to offer visitors to La Garrotxa this chance to get to know this *comarca* and to be able to explain a little more of its natural, cultural, historical and gastronomic riches.

We hope that this publication will help to stimulate interest in the natural, scenic, cultural, historical and gastronomic treasures of La Garrotxa. As well, it aims to provide useful information on accommodation, where to eat, and all the region's highly diverse and valuable heritage, of interest to one and all.

Above all, this is the most complete and up-to-date guide to La Garrotxa and contains a wide range of information that visitors will find useful for planning a stay and enjoying the delights of La Garrotxa, the *comarca* of the volcanoes.





Pont del Llierca

Nature

La Garrotxa provides the opportunity to enjoy yourself in the open air, a chance to relax in charming farmhouse accommodation or simply the delights of a good meal. Check out the guide to services on page 59 for more details.



La Garrotxa lies landlocked in north-east Catalonia: for the most part the land is under 600 m a.s.l., although its highest peaks top the 1,500 m mark.

Two totally different types of landscapes can be enjoyed in La Garrotxa. On the one hand, over 40 volcanoes and numerous lava flows cover much of the southern half of the and give rise to a rolling landscape – today protected by the La Garrotxa Volcanic Zone Natural Park – lacking any major relief features. To the north of the river Fluvià, however, the landscape changes radically. Abrupt cliffs and narrow gorges herald the entrance to the Alta Garrotxa, an area that has been declared an Area of Natural Interest; in the west of the the areas of the mountains of Collsacabra and Puigsacalm have likewise been protected as Areas of Natural Interest.

Fonts i Verlets route

The flat Bas, Hostoles and Bianya valleys provide a change from the encircling mountains, but are surrounded by some of the thickest and most extensive forests in Catalonia. The sunniest slopes are covered by evergreen holm oaks, whilst elsewhere there are significant downy oak forests – with a few stands of pedunculate oak around Olot – and beech forests in the coolest, most humid corners of the .



Culture

La Garrotxa is a reflection of a culture in its purest state

A journey through La Garrotxa along an imaginary time line would take us back 2,000 years to the Capsacosta Roman road, the medieval architectural legacy of Besalú and Santa Pau, the Remences revolt in the Bas and Hostoles valleys, and the thriving Jewish *call* (quarter) in Besalú, boasting the only mikvah (ritual purification baths) known in the Spanish State.

Olot boasts the renaissance cloister of El Carme, examples of Art Nouveau and *Noucentista* art, the delights of the Catalan school of landscape art and its tradition in the creation of religious images.

Some of the most original and relevant artistic creations in Catalan art first saw the light of day in La Garrotxa.

The *comarca* also has a long tradition in the creation of nativity scenes. The *Pessebres Vivants* (dramatised nativity scenes) that are performed around Christmas, together with the exhibitions of nativity scenes, are some of the best-attended local events during the festive season.

A visit to the museums, collections and La Garrotxa Interpretation Centre will provide a detailed view of the history and natural and cultural heritage of this splendid *comarca*.

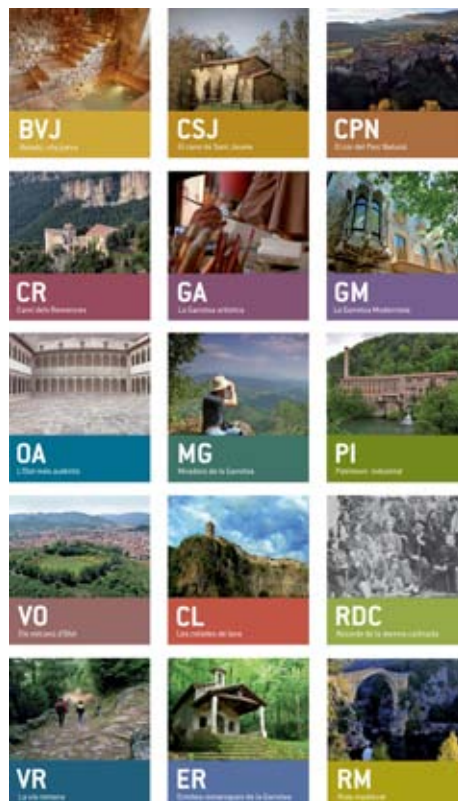


Garrotxa's landscape culture living

Here you will find 15 proposals for you to discover the rich heritage of La Garrotxa.

The landscape of La Garrotxa has been modelled throughout history by nature and humans. The volcanoes, the basaltic cliffs, the paths and many constructions comprise a unique heritage of immense value which you can now enjoy through 15 proposals. They will offer you the chance to travel back in time and get to know the cultural and natural heritage of the *comarca* of La Garrotxa. Enjoy the experience!

Discover Garrotxa Cultour following the proposals, games and challenges you will find in the APP, a tool which will lead you to some of the most interesting spots, apart from the ones you will find sign-posted along the route.





Chefs taking part in the Gastronomic Show

Gastronomy

In La Garrotxa there are restaurants for all tastes, for lovers of fine cuisine and local products, indigenous and traditional.

In the midst of the rugged landscapes of La Garrotxa, there is a fertile land whose cuisine is the envy of many. A region's cuisine is only as good as the ingredients that it employs and every season in La Garrotxa has its specialties. Indeed, every gardener and farmer who tends a vegetable patch adds to the riches of local gastronomic traditions and in many cases is perhaps unaware of his or her contribution to the cultural heritage of the region.

We can wax lyrical about the onions grown in the shadow of the volcano Montsacopa, renown for their sweetness, the potatoes that are being sown again in the rich soils of La Vall d'en Bas, the delightfully light haricot beans from Santa Pau, and the aromatic truffles found in the woods of La Garrotxa. We should not forget either to mention the buckwheat used to make *farinetes*, a typical local dessert much appreciated in winter, the local charcuterie, the *ratafia*, a local herbal liquor, and the yellow and white varieties of maize used to make the tasty semolina-like *farro*.

One of the ambassadors and prime movers of local gastronomy in La Garrotxa is the group Cuina Volcànica, who have been actively promoting the cuisine of this *comarca* throughout Catalonia for more than 20 years. Also active in the *comarca* are Besalú Gastronòmic, an association that promotes the history of this town through its cuisine, and Cuina Remença, whose aim is to reflect the region's traditions and people in its cookery. Furthermore, some of the best guidebooks to the restaurants of Catalonia sing the praises of many of the restaurants of La Garrotxa who form part of the Cuina Volcànica family and share its philosophy.

www.cuinavolcanica.cat



Small squids with Catalan pork sausage and chanterelles



Tartare of dry and cured pork sausage with quail eggs



Purple potato gnocchi and blood sausage with gravy



La Garrotxa at a glance



Walking in La Garrotxa is a pleasure all-year round

Itinerànnia

Discover Itinerànnia footpath network! More than 2,500 km of yellow waymarked paths in the counties of El Ripollès, L'Alt Empordà and La Garrotxa, from the Pyrenees to the Mediterranean sea. At the crossroads you can find these signposts that indicate places situated within six-hours walking time, and the different ways to get there.



Camí recte



Gir a l'esquerra



Gir a la dreta



Camí erroni

1 Get ready:

go to www.itinerannia.net. You will find suggestions of itineraries and a tool to create and share your route.



Itinerànnia



2 Walk:

Download the application Itinerànnia. It's free and you will find all the information about the network and incidents. It's useful to consult it during your travel.

3 Find your way::

purchase the map Itinerànnia from Alpina publisher in a paper format. There is one for each county!

The Carrilet cycle lane

The Carrilet cycle lane follows the route of the narrow gauge railway Olot – Girona – Sant Feliu de Guíxols. With an average gradient of 1.5%, the cycle lane crosses Olot, with the Sant Roc springs at the very start of the route; the Pedra Tosca Park in Les Preses; the different villages of La Vall d'en Bas, home to Francesc de Verntallat; Sant Feliu de Pallerols, with the river Brugent and its thick oak woods; and Cogoll's stream and gorges in Les Planes d'Hostoles.



The Carrilet cycle lane



North of the river Fluvià and shared between the *comarques* of La Garrotxa, El Ripollès and L'Alt Empordà lies the Alta Garrotxa. This vast area (32,864.57 ha) of complex relief was included by the Catalan Government in 1992 in its Plan for the Areas of Natural Interest and in 2006 was included in the Natura 2000 network as a Special Protection Area for birds (SPA) and a Site of Community Interest (SCI). Owing to its diversity and singularity, it is one of the most important natural areas in the eastern pre-Pyrenees.

Firecrest (*Regulus ignicapillus*)

Alta Garrotxa Area of Natural Interest



Cova del Bisbe, near Sadernes

in the form of farms, isolated hamlets, churches and charcoal-making sites, scattered over the whole of the area.

Today, however, all are mute witness to the relevance that the traditional rural and agricultural skills once had for this area.

Places to visit

Aside from the many paths that criss-cross the area and offer visitors the possibility of discovering on foot many of its most spectacular places, there are a number of highly recommendable places that can be visited on foot or by car. Here we highlight a number of itineraries that can also be found on the web page of the Consortium of the Alta Garrotxa or at the information points.

Walkers can also follow the Itinerànnia GR-1 and GR-11 long-distance footpaths, the latter of which coincides with part of the old drover's road still used by herds of cattle to move from their winter pastures in the *comarca* of Pla de l'Estany to their high summer pastures in El Ripollès.

The Alta Garrotxa is an area of abrupt limestone mountains whose complicated relief features are the paradigm of the 'Garrotxa', a name which means literally 'rough, uneven land'. The landscape is dominated by deeply incised valleys lined by sheer cliffs that are covered for the most part by thick holm and downy oak forests. The denizens of these forests and mountains include many highly significant species of flora and fauna.

Moreover, the Alta Garrotxa can boast a rich and important cultural heritage

The valley of Torrent del Toll





The ridge of Ferran with the summit of Bassegoda in the background



Itinerary nº 1 Sadernes-Sant Aniol	14 km	4h 45'
Itinerary nº 2 Oix- Vall del Bac	16,5 km	4h a 5h 30'
Itinerary nº 3 Pic de les Bruixes i Comanegra	8 km	2h a 3h 30'
Itinerary nº 4 El Mont	8 km	2h
Itinerary nº 5 El Bassegoda	22 km	8h
Itinerary nº 6 El Talló	10,5 km	4h

For those who choose to travel by car, one of the most attractive places in the Alta Garrotxa is undoubtedly the village of Beget, with the church of Sant Cristòfol and its famous carved wooden Christ-figure. Other places of interest are the hamlet of Pera, which is accessible from both Beget and Oix by road, the Vall del Bac, Oix, Sadernes and – above all on a clear day – the sanctuary of Mare de Déu del Mont and the nearby ruined monastery of Sant Llorenç de Sous.

The access to Sadernes is closed to motor vehicles 24 hours a day from 16 March to 30 September, although every season this schedule may be modified according to the needs of the territory and the amount of visitors.

Recommendations:

- Do not make loud noises.
- Do not swim in the rivers if water levels are low.
- Respect all animals and plants.
- Respect private property.

For those on foot:

- Follow the recommended routes.
- Wear sturdy footwear and carry plenty of food and water.
- Plan your route beforehand and always carry a map.
- You will enjoy the walks much more in spring and autumn.
- In summer, begin walking very early to avoid the midday heat.

For those in cars:

- Do not drive at more than 30 km/hr along tracks.
- Do not leave tracks or drive over open fields or pastures.
- The two best options are:
 - The road from Oix to Beget.
 - The road climbing up to the sanctuary of Mare de Déu del Mont and the monastery of Sant Llorenç de Sous.

Please remember that:

- Access by car onwards from Sadernes is restricted at certain times of year.
- Climbing is strictly controlled throughout the whole area.
- People wishing to descend the gorges must inform the Consortium of the Alta Garrotxa beforehand (www.altagarrotxa.org)

It is forbidden to:

- Light fires
- Camp
- Leave litter
- Swim in the river at El Gomarell



The volcano Montolivet

The combination of relief, soils and climate found in La Garrotxa gives rise to highly varied and often exuberant vegetation, ranging from evergreen holm oak forests to dense beech forests, all of exceptional scenic value. In total, 1,178 species of flowering plants and 261 species of vertebrate animals have been recorded.

Walkers will enjoy the itineraries that pass through La Garrotxa Volcanic Zone Natural Park: most are signposted, the exception being the longest options that experienced walkers can follow with the help of the Natural Park's map-guide. These routes often connect and/or coincide with the marked paths of the Itinerànnia network of paths.



The volcano Montsacopa and church of Sant Francesc in the centre of Olot

La Garrotxa Volcanic Zone Natural Park boasts the best example of a volcanic landscape in the Iberian Peninsula. It contains over 20 lava flows and 40 volcanoes exhibiting different types of volcanic activity – weak effusive eruptions, moderately powerful Strombolian eruptions and powerful freatomagmatic eruptions – that are all protected under the umbrella of 28 natural reserves.

12 places of interest to visit in the Natural Park

www.parcscatalunya.net

Montsacopa Natural Reserve 1



Volcano located in the centre of the city of Olot between the volcanoes of Montolivet and La Garrinada.

Volcanic cone with circular central crater, 120 m in diameter and of great scientific and educational interest, and quarries that were closed down in the 1960s.

The church of Sant Francesc, rebuilt in 1875, on top of the volcano.

The two watchtowers built during the Carline wars (second half of the 19th century) are excellent viewing points over Olot and the volcanic zone.

Access: From Olot's Tourism Office we can follow route 2 'Montsacopa and Montolivet volcanoes'. This is a 7.7km route through the city centre and takes you to the crater in 50 min. It enables you to visit the Montolivet volcano and Sant Roc Fountains.

The Montsacopa volcano can also be accessed from Olot's cemetery parking - on the same route 2 - a shorter itinerary of 400m (25 min).



The crater on Montsacopa

Old city of Olot* 2



The old street plan of the city can still be appreciated, with fine examples of historic buildings and monuments built after the earthquakes of 1427 and 1428.

Tourist Information Office
c. de Francesc Fàbregas 6,
Tel.: 972 26 01 41.
Winter opening hours:
Monday to Friday 10.00-14.00
and 16.00-19.00; Saturdays
10.00-14.00 and 16.00-19.00;
Sundays and public holidays,
11.00-14.00. Summer opening
times: ask in tourist office.

Museu de la Garrotxa
tel. 972 27 91 30. Hours:
Weekdays 10-13h and 15-18h,
Saturdays 16-14h and 11-19h
11-14h Sundays and holidays.
Monday closed.

Exhibitions on local history and art from the end of the 18th to the mid-20th centuries. **Churches of La Mare de Déu del Tura and Sant Esteve** of different styles dating from the Middle Ages to the 18th century.

Renaissance cloisters of El Carme dating from the late 16th century. **Parochial Museum** with El Greco's Christ Embracing the Cross (only by appointment by calling 972 26 04 74). Art Nouveau buildings itinerary.

Casa-Museu Trincheria
tel. 972 27 27 77. Hours
working 10-14h and 16-19h.
Saturdays and Sundays
11-14h and 17-20h.
Monday closed.

Museu dels Sants
(1891 neo-Gothic building,
architect Joaquim Codina).
Working days 10-14h and
16-19h, Saturdays 11-14h
and 16-19h Sundays and
holidays 11-14h.
Closed on Monday.

Access: The old town of Olot is easily reached from the car parks near the city centre.



Solà-Morales house



Painting by J. Jayreda

The basalt lava flows of Sant Joan les Fonts 3



Three different lava flows, superimposed one of top of the other, converged in this part of the valley of the river Fluvià and can be appreciated at Molí Fondo.

The superimposition of three lava flows originating

from different eruptive centres. **The morphology of cooling lava:** columns and slabs. **Riparian woodland.** **Industrial architecture.** **The industrial use of water.**

Access: Natural Park itinerary 16 begins in the Tourist Office (main square). Molí Fondo and Boscarró are 400m away (20 min) and the whole itinerary is 5.5 km (1 hr 50 min).



The footpath

(*) Holiday Mondays, open museums



Volcano Croscat in Santa Pau

El Parc Nou 4

The Parc Nou is a beautiful estate containing Torre Castanyes, an Art Nouveau house, and is today a municipal park. We recommend a visit as a good way of getting information on La Garrotxa Volcanic Zone Natural Park. The information centre here will also help you plan your stay in this protected natural space and give you a chance to get to know more about the characteristic vegetation of the Olot area.

La Garrotxa Volcanic Zone Natural Park Information

Centre: publications, documentation and videos about the Park; it is also home to the Park's educational services. Tel.: 972 26 62 02. Opening hours: weekdays

09.00-14.00 and 16.00-18.00; Saturdays 10.00-14.00 and 16.00-18.00; public holidays 10.00-14.00.

The Museu dels Volcans (Volcano Museum) has displays on volcanism, earthquakes and the natural environments of La Garrotxa, as well as publications and an audiovisual display with an earthquake simulator. Tel.: 972 26 67 62. Museum

Museum Hours: Weekdays and Saturdays 10-14h and 15-18h, 10-14h Sundays and holidays*

Botanical garden with spectacular listed pedunculate oaks (*Quercus robur*) and a medicinal plant garden.

Access: Vehicle access is possible as far as the car park at Parc Nou.



Volcano Museum

Xenacs recreational area 5



The Xenacs recreational area is managed by Les Preses Town Council. It is open at weekends, on public holidays and in summer from 10.00 until sunset. Midweek access is closed, and visits must be arranged in advance calling 972 69 32 32

Municipal information point

Puig Rodó (909 m) is a wonderful viewpoint overlooking the volcanic zone and the starting point for a number of themed walking itineraries.

Access: Can be reached in a vehicle (except coaches) or on foot along Natural Park Itinerary 10 to Xenacs and Puig Rodó (1 hr, with a climb of 500 m).



Panorama from the Xenacs recreational area

Pedra Tosca Park 6



A rural area that was once farmed but subsequently abandoned. This park was created to restore, preserve and consolidate the work and activities of our forefathers 150 years ago. The restoration and rebuilding of this area was awarded the Rosa Barba European Award for Landscape Architecture.

Maze of paths, dry stone walls, clearings and stone huts that was the result of extreme need and tenacity in modifying what was an exceptionally inhospitable area of land.

Signposted itineraries.

Opening hours: the information area is open at weekends from 10.00 until dusk. The guiding service is available every day of the week except Monday. Tel.: 972 19 51 79.

Access: Vehicle access is possible from Olot along the road to Les Preses, where there is a car park after approximately 1.5 km, or on foot from Les Fonts de Sant Roc in Olot along the Olot-Girona cycle path (approximately 30 minutes from Olot or 40 minutes from the old station in Les Preses).



Entrance to the Pedra Tosca Park

Fageda d'en Jordà Natural Reserve 7



The beech forest of Fageda d'en Jordà, one of the 26 natural reserves in the Natural Park, stands on the lava flow from the volcano Croscat in the municipalities of Santa Pau, Olot and Les Preses.

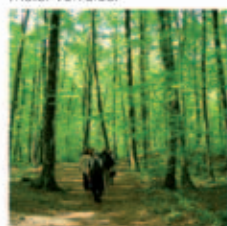
La Garrotxa Volcanic Zone Natural Park Information

Centre Casal volcancs. Tel.: 972 26 81 12 Opening hours: weekdays and Saturdays 10.00-14.00 and 16.00-18.00. Public holidays and Sundays 10.00-14.00. **Beeches** (*Fagus sylvatica*) grow on the undulating lava flow - interrupted only by a

series of volcanic hummocks (tossols) - originating from the volcano Croscat at an altitude of only 550 m. This forest has been a source of inspiration for artists such as Joan Maragall, who wrote the poem that gave this forest its fame (there is a monolith dedicated to the poet at the beginning of Natural Park Itinerary 2).

Access: Can be reached on foot along Natural Park Itinerary 2 (a 30-min walk through the beech wood from the Can Serra car park, on the left after 4 km along the road from Olot to Santa Pau). Alternatively, from Olot, take Natural Park Itinerary 3, which

takes you to the beech forest in 4 km (1 hr 30 min). The forest can also be reached on foot from Santa Pau along a 5 km walk (1h 40 min there and back). There is no entry to the natural reserve for motor vehicles.



Signposted Natural Park Itinerary 2 in the beech forest

Basalt cliff at Castellfollit de la Roca 8



The buildings in the village are constructed mainly from volcanic material. The paving slabs and the street furniture in the old town are made from basalt, the rock that is formed when lava cools.

A 40-m high basalt cliff formed by two lava flows originating from volcanoes in Olot and Beguda.

The morphology of the basalt depends on how the lava cools: columns and slabs.

The old town dating from the Middle Ages, with buildings constructed from volcanic rock, narrow streets with small squares and viewpoints.

Old church-museum: cultural centre with temporary exhibitions and a panoramic view from the bell tower of the old town centre and the Fluvià valley. Industrial architecture along the riverside. Industrial use of water: dams, canals and mills.

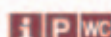
Access: Natural Park Itinerary 13 (1.5 km, 40 min)

begins at the car park at the junction of the N-260 and the road to Oix.



The village perched on the cliff-top.

Estada Juvinyà medieval castle 9



This information centre provides visitors with information on the main attractions and places of interest in Sant Joan les Fonts and La Garrotxa.

Fortified house (14th century), defence tower (12th century). Medieval and modern canals. **Model of the flour mill** that once occupied this building. Audiovisual display of Sant Joan les Fonts and La Garrotxa.

Interactive displays.

Opening hours: Saturdays and Sundays 10.00-13.00 and 17.00-20.00; public holidays 10.00-14.00. For information and group visits, call 972 29 05 91.

Access: Vehicle access is possible (with the exception of coaches, which should park near the Plaça Major) to just outside Estada Juvinyà. Located around 5 km from Olot, head towards La Cunya and then Sant Joan les Fonts; on entering Sant Joan, turn left at the first set of traffic lights.

Located overlooking the river Fluvià, its main defence tower stands out with its Catalan flag atop.



Estada Juvinyà medieval castle



Detail of a trunk of a beech tree

Volcà del Croscat Natural Reserve



The degraded formerly quarried area of the volcano Croscat was restored in 1995 to minimise the impact of the quarries on the landscape, prevent further erosion and guarantee public access for educational purposes. Except for those from non-profit-making organisations, groups must reserve beforehand by phoning 972 19 50 94.

La Garrotxa Volcanic Zone Natural Park Information Centre at Can Passavent at the entrance to the former quarried areas, with an exhibition on the volcano Croscat. Opening hours: all the year 10-15h (closed: January and February and after December short weekend)

Volcanic cone with its horseshoe-shaped crater. **Lava flow** of over 6 km. **Volcanic cone** entirely covered with vegetation with the exception of the formerly quarried area that allows the internal structure of the volcano to be seen. The impact caused by the quarries led to public protests and demonstrations in 1975 and the subsequent protection of the volcanic area in 1982.

The restoration of the quarries won the FAD prize for decorative art designs. **Access:** Natural Park Itinerary 15 to visit the quarried area of the volcano Croscat (2.9 km, 50 min) begins at the car park at Santa Margarida on the right of the road from Olot to Santa

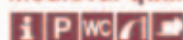
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Pau (km 6.1). Natural Park Itinerary 1, Fageda d'en Jordà-volcano Santa Margarida-volcano El Croscat (11 km, 4 h), also passes near the quarried area of Croscat on a circular route of 5 km (1 hr 40 min) starting at Can Serra (Fageda d'en Jordà). No entry for motor vehicles.



Restored quarries in volcano Croscat.

Medieval quarter of Santa Pau



A walk through the old quarter of Santa Pau allows visitors the chance to see a number of unique buildings and to have splendid views eastwards down the Ser, on a clear day from the Portal del Mar you can see the sea at Roses

Medieval quarter
Castle built in the 13th and 14th centuries.

Porticoed square (Firal dels Bous), which once provided shelter for the market awarded to the town in 1297. **Gothic church of Santa Maria** with a single nave. **Viewpoint** down the Ser valley.

Access: Located 9 km from Olot, there is a car park on the left (coming from Olot) at the entrance to the village.

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Porticoed square in Santa Pau.

Old town of Sant Feliu de Pallerols



The old town of Sant Feliu de Pallerols and its surroundings merit a relaxed, unhurried visit. Twelve itineraries cover the most interesting places in the municipality.

The lava flows along the Brugent river originating from the eruption of the volcano El Traiter.

The volcano of Sant Marc, 20 min from the town centre. The well preserved river Brugent.

Historical and architectural features dating from the

12th-13th centuries.

The houses of La Sagrera and La Cellera.

The marketplace

The medieval bridges

La Conqueta, a mill

Moli Gros, a mill with its weirs.

The ancestral homes of Can Trias and Can Viola.

The Art Nouveau building of Can Casas.

Access: There is a car park in the station square at the start of the Natural Park itineraries. Itinerary 18, the Old Town (1.3 km, 40 min), visits the town's most significant buildings. Olot-Girona cycle path.

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Brugent river

Old Station Information Centre. Opening times:

Monday to Saturday: 09.00-15.00 h; Sundays and bank holidays: 10.00-14.00 h. Tel.: 972 44 44 74.

Natural Park

Natural reserves within the Natural Park

Park information centre

Tourist information office

Car park

Spring

Museum

Church/chapel

Viewpoint

Rest area

Building of particular interest

Itineraris pedestres:

1 10km 4h

2 1,5km 35min

3 14,5km 4h15

10 4,5km 1h40

13 2,1km 45min

15 2,9km 50min

16 5,5km 1h45

22 8,5km 3h

18 1,3km 40min

19 17,3km 5h

22 4km 1h20

Long-distance footpath

Cycle lane

**Companies committed
to land conservation:
the best choice.**



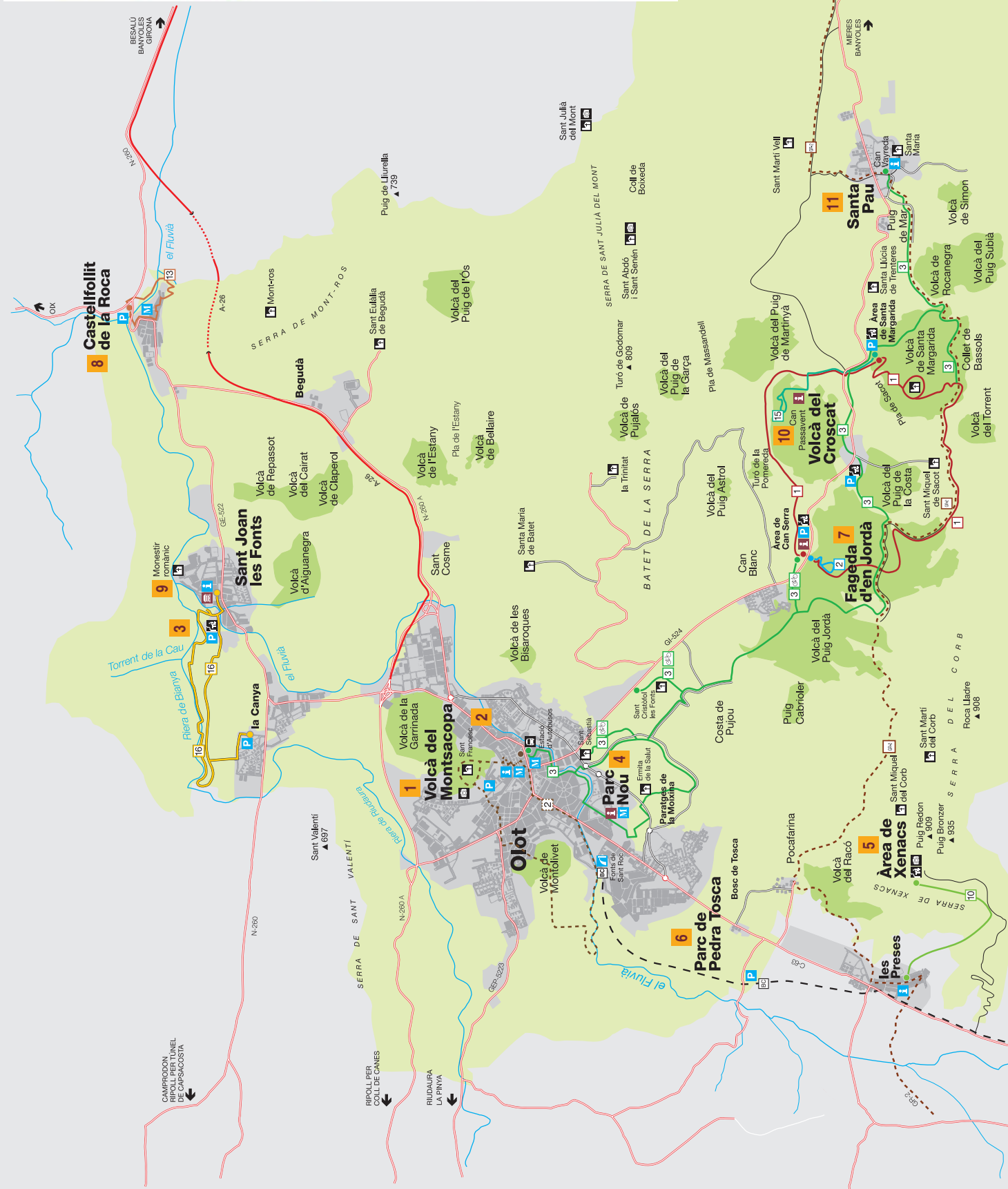
EUROPEAN CHARTER FOR SUSTAINABLE TOURISM

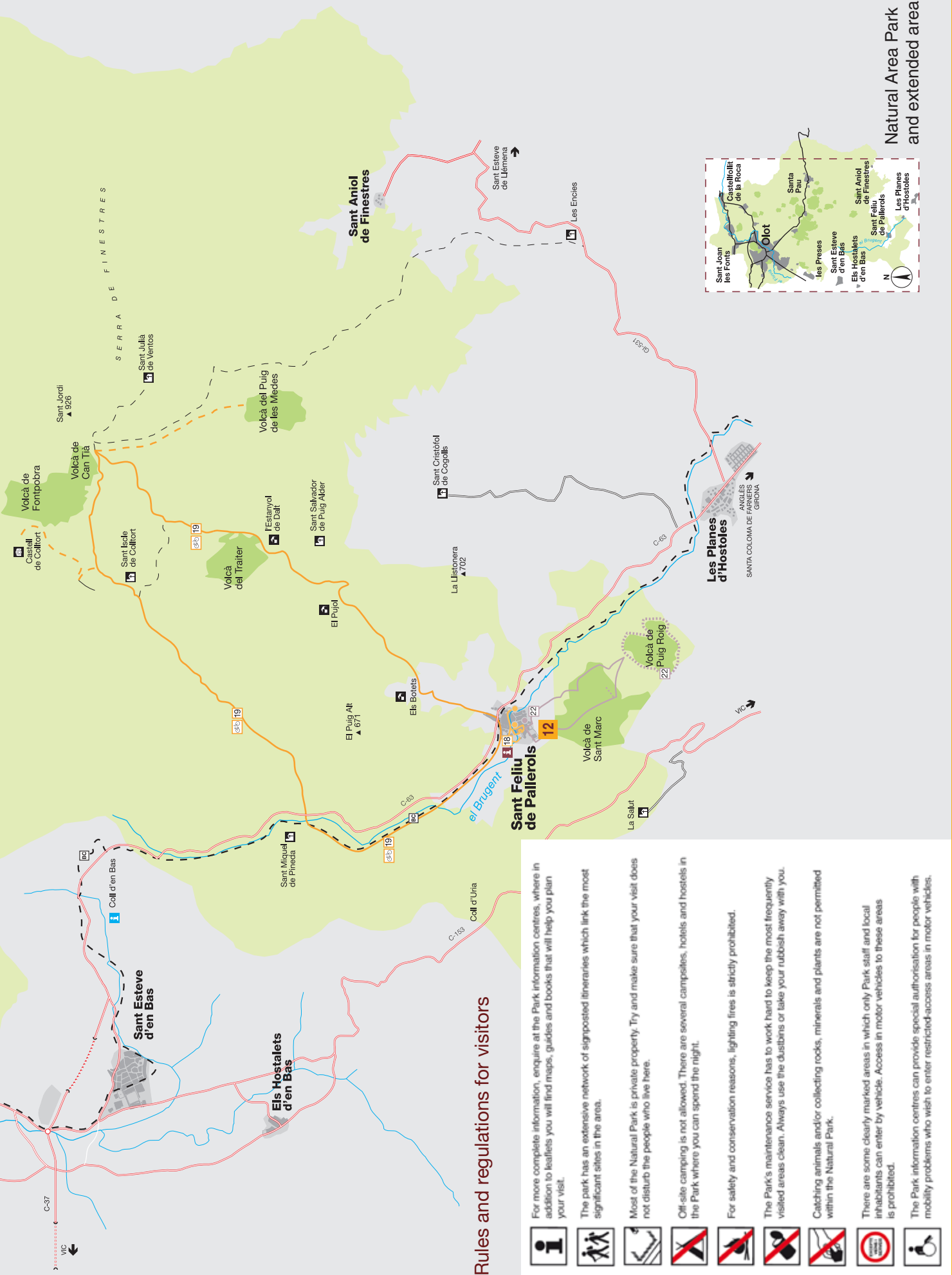
*A commitment of collaboration between the company
and the region that guarantees a responsible,
sustainable and quality tourism management*



<http://parcsnaturals.gencat.cat/en/garrotxa/>

<http://en.turismegarrotxa.com/cets/>





What's on in spring

For more information on what's on and the programme of guided visits, go to www.turismegarrotxa.com or the local tourist offices (see guide to services on page 59).

Local events and festivals

May

SANT FELIU DE PALLEROLS

- Dance of the Cavallets, Gegants and Mulassa
- Main events of the town festival

RIUDAURA

- Dance of the Gambeto
- Popular traditional dance

CASTELLFOLLIT DE LA ROCA

- Feast of Germandat
- Whitsun

LES PRESES

- Festa del Roser
- Spring festivities

VALL DE BIANYA

- Vall de Bianya village festival
- Traditional throwing of sweets and confectionary
- St. Salvador de Bianya village festival
- Gathering of accordionists

April

TORTELLÀ

- Festa del Roser

Fairs

February/march

TORTELLÀ

- Fira de Quaresma

March

BESALÚ

- Besalú, jewist city

OLOT

- Fira de l'embotit
- Outdoor shopping and craft market

SANT JAUME DE LLIERCA

- St. Josep's Fair. Lance-making and patchwork fair

April

BESALÚ

- Easter
- Forge and ironworking fair.
- Manufacture and sale of artisan wrought-iron work

SANT JOAN LES FONTS

- Tastet festival

May

OLOT

- Spring fair
- Craft fair, music and record fair, cars and bonsai exhibitions.

Other activities

March

OLOT

- Mostra internacional de documentals

April

OLOT

- Oxfam Intermón Trailwalker
- Mitja Marató de la Garrotxa
- Festival MOT. Activitats literàries
- Representacions del Christus. Escenes de la Passió

VALL DE BIANYA

- Romànic Extrem Vall de Bianya.
- Marxa Popular per la Vall de Bianya.

BESALÚ I MIERES

Friday before Easter

- Procession of la Mare de Déu dels Dolors
- Traditional procession with estaferms and manaies

MAIÀ DE MONTCAL

- Wine and cheese fair

May

OLOT

- Cursa per la Moixina

VALL D'EN BAS

- Terra de Remences cycle race
- Organised cycle ride for bike enthusiasts
- Lletissonada.
- Walk around the Vall d'en Bas
- Duatló Bas Extrem

SANT JOAN LES FONTS

- Sant Joan les Flors
- Exhibition of flowers, plants and bonsai in different monuments.

SANT FELIU DE PALLEROLS

- *Pescada de llunes amb cove*
- (traditional activity) along the river Brugent.

SANTA PAU

- Corre pel Cor de la Fageda
- Envolcanada Nocturna

BESALÚ

- Degusta Besalú. Degustació de cerveses i formatges.

CASTELLFOLLIT DE LA ROCA

- La Marxosa.

Markets

Monday: Olot

Tuesday: Besalú i Sant Joan les Fonts

Friday: les Planes d'Hostoles i Sant Esteve d'en Bas

Saturday: Castellfollit de la Roca, Sant Jaume de Llierca, la Canya i Sant Feliu de Pallerols

Monday: Tortellà, Can Blanc (Santa Pau), Les Preses

Monday - saturday: Mercat setmanal i mercat del rengle (Olot)



spring

Walking

1. Vayreda's Alta Garrotxa

Architecture

2. Authentic Olot
City-centre shopping

Cycling

3. Cycling in La Garrotxa

Cultural

4. Saint James' Way



Rocky landscape in the Alta Garrotxa

Vayreda's Alta Garrotxa

Marian Vayreda's novel *La Punyalada* provides one of the best ways of discovering the Alta Garrotxa. The places depicted by this 19th century author in the scenes from his famous novel have been joined in a discovery route that begins in Montagut and leads via Sadernes all the way to Sant Aniol d'Aguja. During the route we follow paths from the Itinerànnia footpath network to illustrate the triangle of love and death between Albert, Ivo and Coral·lí that Vayreda wove in his novel.



View of Salt de la Nüvia

Don't miss

- Church of Santa Cecília in Sadernes
- Pont d'en Valentí



Comanegra with the snow-capped Pyrenees in the background

Did you know ... ?

In 1869 Marian's brother Joaquim founded in Olot *El Centre Artístic*, a group of intellectuals and artists that gave rise to the Olot School of Landscape Art. Some of their work is hung in the Museu Comarcal in Olot.



Walkers crossing a stream in the Alta Garrotxa



The starting point for this literary route is **Sadernes**, accessible by motor vehicle. Nevertheless, visitors who wish to walk a bit further can also start in **Montagut** and follow the Itinerània network of marked paths and trails, which adds an extra 12 km (there and back) to the route.

- From **Sadernes** the route follows the marked paths of the Itinerània network of footpaths that lead all the way to **Sant Aniol d'Aguja**.

The church of Santa Cecília de Sadernes, a bridge 'Pont de Valenti' and El Gomerall, a gorge as well as the sheer cliffs at Salt de la Núvia and the Cova del Bisbe (cave), are some of the main

Route details

How? this route can be walked all the way from Montagut or can be started at Sadernes. Follow Itinerània waymarking from signpost 32 'Moli d'en Galceran' to signpost 39 'Sant Aniol d'Aguja'.

At Moli d'en Galceran, follow the sign indicating 'Oix 5h 15min'
At Pont d'en Valenti, follow the sign indicating 'Oix 4h 35min'
At La Muntada, follow the sign indicating 'França'
At Coll del Moli de Sant Aniol, follow the sign indicating 'França'

How to get there: leave the A-26 at the Montagut exit and once in Montagut take the GI-5221 towards Sadernes.

Max. height: 465 m **Min. height:** 270 m
Total climb: 291 m
Total descent: 101 m
Total descent: 6'5 km approx. (one way)
Difficulty: moderate

Starting point: Sadernes (Moli d'en Galceran)

Waymarked trail: yes. Waymarking for Itinerània and Alta Garrotxa

Trail 1

Route only suitable on foot

More information: literary atlas of Girona
Itinerània 1:50,000 map, Editorial Alpina
Leaflet describing Alta Garrotxa natural route nº 1
Tourist map of La Garrotxa

The access to Sant Aniol via Sadernes is closed to motor vehicles all day at weekends and on public holidays from 15 March to 30 November, and every day during July, August and September.

points of interest that walkers will come across on this route through the Alta Garrotxa, a wild area of deep valleys, spectacular cliffs and a cultural heritage of incalculable value.

Whilst we walk we can contemplate and visit some of the places so magnificently described by Marian Vayreda in *La Punyalada*:

"Never as in that year had the Aplec dels Francesos at Sant Aniol seemed to me so sad, despite a morning as beautiful as few others: the blue of the sky stretched pure as a veil above the cliffs as the sun's golden rays illuminated the playful tones of the verdant vegetation, freshly watered by the abundant spring rains that had penetrated as far as even the deepest roots of the oldest of trees."

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The handmade saints, an old Olot tradition

Authentic Olot

The museum of saints

Olot has a long tradition of producing religious images and there were once dozens of small workshops scattered throughout the city that manufactured images individually by hand. Today, the centre of this industry is located in one of Catalonia's most singular museums, the Olot Museum of Saints



Housed in a neo-Gothic building in the centre of the city, the Olot Museum of Saints shares premises with Art Cristià, a workshop of religious images whose activity is on display for visitors to see. Midweek visitors to the museum can watch as the workshop's craftsmen go about creating the different figures that the company produces. A visit to the Museum is an opportunity to witness all the different phases in the production of the images, from the moulding through to the painting and decoration.

The production of religious images was begun by Joaquim Vayreda, Josep Berga i Boix and Valentí Carrera and was an excellent way of providing work for the many students of the Olot Public School of Art. Today, the work produced by this workshop is to be found all around the world.

The first floor of the museum houses the permanent exposition, and includes examples of the pieces produced by the different workshops of Art Cristià, as



Don't miss

- How the saints are manufactured (Monday to Friday).
- The original Olot faràndula
- The activities and workshops included in the Museum's programme www.museus.olot.cat

well as elements of the famous faràndula (procession) of Olot – also created by this company – such as the old and new giants. Here too is it worth visiting the display devoted to the nativity scenes that includes figures of great artistic value modelled by Ramon Amadeu and figures from the Renart Collection.

The writer Marian Vayreda lived in the building that today houses the museum. His office, where he wrote some of his best-known books such as *Memories of the final Carline War* and *The Stab*, classics of Catalan literature, has been preserved untouched and can be visited.

Did you know ... ?

– The Museu de la Garrotxa hosts many works of Olot School of landscape artists who began the tradition of imagery in the city.



Sausages, one of the typical products of Olot

City-centre shopping



Don't miss

- Olot "Mercat" Square (Plaça Hospital, 3)
- Fira del Fajol - Batet de la Serra (February)
- Fira de l'Embotit (March)
- Ruta de les Tapes (June)
- Olot Shopping Nit (July)
- Mostra Gastronòmica de la Garrotxa (November)
- Fira Orígens (November)
- Sopars dalt del volcà (juliol i agost)

Near the Museum of Saints you will find the central market and Olot's main shopping streets. Home to shops of all kinds, Olot is characterized above all by the number of establishments that sell their own delicious home-produced gastronomical wares, all created with a generous dash of local pride.

One of the best-loved after-dinner drinks in Olot is ratafia, a sweet digestive liquor made from green walnuts and an abundance of mixed herbs and spices. Try it and see! And what better to accompany a glass of ratafia than a slice of coca de llardons (sweet bread-cake with pork cratchings), or tortell d'anís (a circular anís-flavoured sponge-cake) that the local shops bake on their premises. An afternoon snack could consist of coca or tortell with a slice of chocolate or cured sausage. Don't forget either the traditional chocolates from Olot that can be bought near the Museum of Saints.

The city centre is home to various traditional bakers who still use wood-fired ovens, as well as a number

of butchers selling their homecured charcuterie. Finally, a visit to the "Mercat" square, with 15 market stands, 7 shops and one supermarket, is a must. The market works with 9 local producers and is known for its wide variety of local and top quality produce offer and excellent facilities.

On every street corner in Olot, there are shops where you'll find everything you need; from food and top quality ingredients to a wide selection of products (household equipment, fashion and accessories, health and beauty...)

Did you know ... ?

The restaurants that form part of the group Volcanic Cuisine have created a buckwheat beer that can be tasted and bought in any one of the group's restaurants www.cuinavolcanica.cat. This beer is made from water, barley malt, buckwheat, oat flakes, ratafia syrup, hops and yeast.

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www.mercatdolot.cat

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Ajuntament d'Olot



The Carrilet cycle lane near Sant Esteve d'en Bas

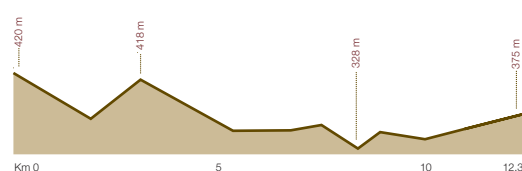
3

Cycling

Farms and Field Crops



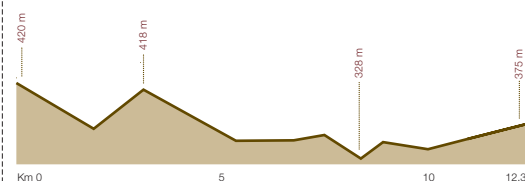
Start: Sant Pere Despuig (la Vall de Bianya)
Finish: Ermita d'Esperança (la Canya)
Max. height: 420 m. **Min. height:** 328 m.
Total climb: 239 m. **Total descent:** 281 m.
Distance: 12,61 km (one way)



Beech trees amidst volcanos



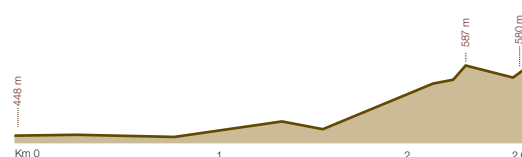
Start: El Triai (Olot)
Finish: Ermita de Sant Sebastià (les Preses)
Max. height: 615 m. **Min. height:** 432 m.
Total climb: 216 m. **Total descent:** 193 m.
Distance: 15,25 km (one way)



The Cradle of Verntallat



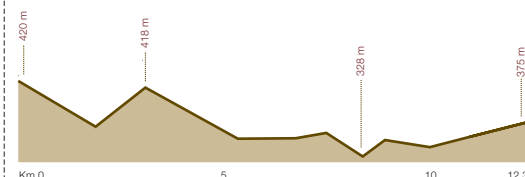
Start: Av. Vall d'Hostoles (Sant Feliu de Pallerols)
Finish: Volcà de Sant Marc
Max. height: 587 m. **Min. height:** 448 m.
Total climb: 139 m. **Total descent:** 36 m.
Distance: 2,6 km (one way)



A volcano amidst the forests



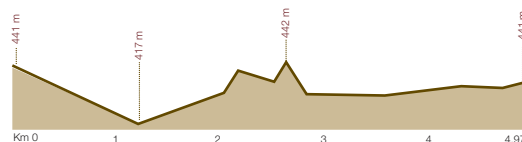
Start / finish: Encreuament via verda del Carrilet amb pista d'accés a Cogolls (les Planes d'Hostoles)
Max. height: 535 m. **Min. height:** 374 m
Total climb: 173 m. **Total descent:** 166 m
Distance: 6,16 km (back and forth)



Landscape Art



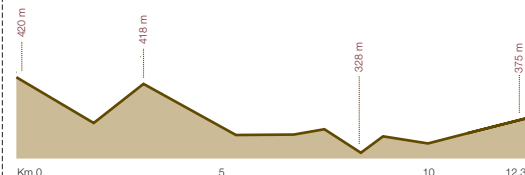
Start / finish: Fonts de Sant Roc (Olot)
Max. height: 442 m. **Min. height:** 417 m.
Total climb: 47 m. **Total descent:** 47 m.
Distance: 4,97 km (circular route)



Sites and domains



Start: Encreuament via verda del Carrilet amb ctra del Mallol (les Preses)
Finish: Carrer de l'andana (Sant Esteve d'en Bas)
Max. height: 521 m. **Min. height:** 459 m.
Total climb: 133 m. **Total descent:** 102 m.
Distance: 11 km (one way)

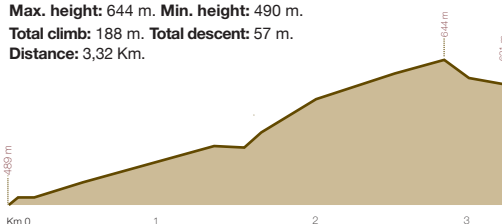




Flowering in the Pedra Tosca Park

Santa Pau - Volcà de Santa Margarida

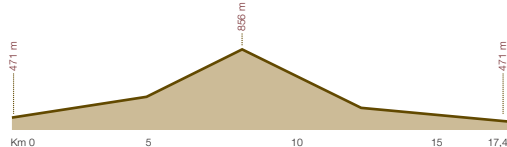
Start: Santa Pau.
Finish: Àrea de Santa Margarida.
Max. height: 644 m. **Min. height:** 490 m.
Total climb: 188 m. **Total descent:** 57 m.
Distance: 3,32 Km.



Itinerary 19



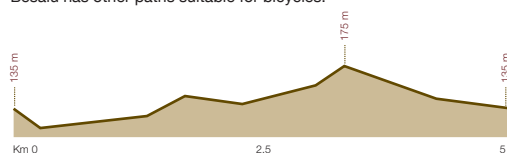
Start/finish: Oficina de Turisme de Sant Feliu de Pallerols
Max. height: 856 m. **Min. height:** 471 m.
Total climb: 687 m. **Total descent:** 687 m.
Distance: 17,4 km (circular route)
 The itinerary has two alternatives.



Besalú Green Ring



Start/finish: Portal d'Olot (Besalú)
Max. height: 175 m. **Min. height:** 135 m.
Total climb: 89 m. **Total descent:** 89 m.
Distance: 5 km (circular route)
 Besalú has other paths suitable for bicycles.



The secrets of the cycle lanes

- 1 Farms and Field Crops
- 2 The Cradle of Verntallat
- 3 Landscape Art
- 4 Beech trees amidst volcanos
- 5 A volcano amidst the forest
- 6 Sites and domains
- 7 Santa Pau - Volcà de Santa Margarida

Itineraries of the Natural Park

- 9 Itinerary 19

Other routes

- 10 Besalú Green Ring

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Panoramic view of the Vall d'en Bas from El Grau

4

Cultural

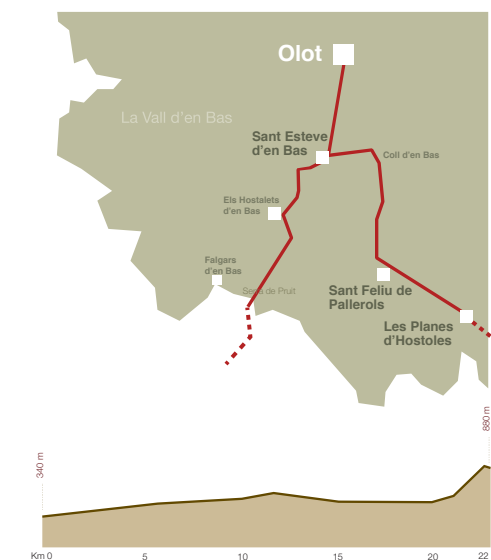
Saint James' Way

The Saint James' Way is one of Europe's great cultural treasures and its waymarked route allows pilgrims (and others!) to visit on foot many of the country's most important historical points of interest. In Catalonia it begins at Sant Pere de Rodes and crosses Catalonia to connect with the Aragonese branch of the Saint James' Way near the town of Fraga. A small but fascinating part of the Way passes through La Garrotxa and follows a stretch of the Carrilet cycle lane.

The Saint James' Way enters La Garrotxa at Les Planes d'Hostoles and continues through Sant Feliu de Pallerols and Sant Esteve d'en Bas on its way towards El Grau.

To reach the town of Vic, the waymarking takes walkers on the climb from Hostalets d'en Bas to L'Hostal del Grau via Falgars, although another option is to follow the Itinerànnia marking and climb along the old paved trail linking Olot and Vic that climbs directly to L'Hostal del Grau.

The Saint James' Way is marked with the blue signposting used throughout Europe, along with a representation of a cockle shell. Some stretches are also marked with the yellow arrows that indicate all of the different stretches of the Way. These marks have been painted by the association Friends of the Saint James' Way, but should not be confused with the yellow markings of the Itinerànnia network (which are smaller and not as arrow-shaped).



Route details

Stretch: Les Planes d'Hostoles - L'Hostal del Grau

Climb: 340 m – 880 m

Total climb: 675 m

Total descent: 142 m

Length: approx. 22 km

How?: on foot

Signposted?: Yes. Saint James' Way, Carrilet bike lane and Itinerànnia.

More information:

Itinerànnia map 1:50,000. Edicions Alpina.

Information leaflet on the 'Vies Verdes' (cycle lanes) in Girona province.

La Garrotxa tourist map

Itinerary suitable for people with children (as far as Els Hostalets d'en Bas)

Itinerary suitable for people with reduced mobility (as far as Els Hostalets d'en Bas)



Did you know ... ?

The Saint James' Way also passes through Olot, which makes this city an excellent starting or finishing point for walkers and pilgrims.

The Way has been classified as of 'Cultural Interest' and has been recognised as a Primary European Cultural Itinerary by the European Institute of Cultural Itineraries, an institution linked to the Council of Europe. The various different branches of the Way have been declared World Heritage Sites by UNESCO.

Don't miss ...

- The *Pescada de Llunes amb cova* along the river Brugent in Sant Feliu de Pallerols.
- Reaping Day in Hostalets d'en Bas (May-June).





Càmping Natura les Preses

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What's on in summer

For more information on what's on and the programme of guided visits, go to www.turismegarrotxa.com or the local tourist offices (see guide to services on page 59).

Local events and festivals

June

OLOT

- *Sardana* for Corpus (typical Catalan dance) and dance of the giants
One of the few days in year that the Olot 'giants' are brought out to dance.

SANT JOAN LES FONT

- The Night of the Water Women
Sant Joan les Fonts local festival

July

OLOT

- Cornamusam. International bagpipe festival
Concerts and parades with bagpipes to the forefront
- Mare de Déu del Carme festival, Dance of the Dragon and Rabbit
The most traditional dance of the 'Faràndula' in Olot

LA VALL D'EN BAS

- Joanetes village festival

LES PLANES D'HOSTOLES

- Festival of Sant Jaume

SANT JAUME DE LLIERCA

- Sant Jaume de Llierca *Festa Major* (annual festivities)

August

MIERES

- Mieres Festa Major (local fest)

LES PRESES

- Ésdansa. International Festival of music and dance.

SANT FELIU DE PALLEROLS

- Dance of the horses, giants and the Mulassa
Sant Feliu de Pallerols village festival

LA VALL D'EN BAS

- Village festivals of Sant Privat, Els Hostalets, El Mallol, Puigpardines and La Pinya

SANTA PAU

- Santa Pau village festival

TORTELLÀ

- Town festival
Serrallonga dance

Shows and guided visits

June

OLOT/BATET DE LA SERRA

- Observacions astronòmiques

Juliol i agost

BESALÚ

- Night visits "Tonight, Besalú"
Dramatised visits in the medieval town.

OLOT

- La Cua del Drac

Fairs

June

BESALÚ

- Herbesalú

August

OLOT

- Outdoor shopping and craft fair

Other activities

June

OLOT

- The Tapes Route
- Olot Shopping Nit
- Bonavista Race
- Puja i Baixa a Aiguaneagra
- Puja i Baixa a Batet de la Serra

BESALÚ

- Llum de lluna. Showcooking de tapes en directe.
Degustació de tapes, música en directe i racons amb encant.

SANT JAUME DE LLIERCA

- Vall del Llierca sports days
- St. Jaume de Llierca mountain race

SANT FELIU DE PALLEROLS

- La Salut race

LA VALL D'EN BAS

- Reaping Day

July and August

BESALÚ

- Night race Besalú, Warclubs

OLOT

- Summer activities/La Cua del Drac
- Open-air activities.
- Outdoor shopping
- Popular race Festes Sant Roc

SANT FELIU DE PALLEROLS

- Summer activities. "Viu l'estiu a Sant Feliu"
- Summer race cross St. Feliu

LES PRESES

- Les Preses in the open air
- Run and duathlon Xenacs Natura
- Popular race Verntallat

VALL DE BIANYA

- Jazz Night in Santa Margarida de Bianya
- Summer activities "Viu l'estiu a Bianya"

CASTELLFOLLIT DE LA ROCA

- Season of concerts in Castellfollit de la Roca

SANTA PAU

- Summer activities. "Gresca a la fresca"

Markets

Monday: Olot Tuesday: Besalú i Sant Joan les Fonts Friday: les Planes d'Hostoles i Sant Esteve d'en Bas Saturday: Castellfollit de la Roca, Sant Jaume de Llierca, la Canya i Sant Feliu de Pallerols Monday: Tortellà, Can Blanc (Santa Pau), Les Preses

Monday - saturday: Mercat setmanal i mercat del rengle (Olot).



summer

Architecture

5. Romanesque churches of La Vall de Bianya

Landscapes

6. Keeping cool in La Garrotxa

History

7. Medieval La Garrotxa

Landscapes

8. The best viewpoints in La Garrotxa



Clouds over La Vall de Bianya after a rain storm

The Romanesque churches of La Vall de Bianya

The traces of the history of La Vall de Bianya can be followed in this itinerary that visits the 15 Romanesque churches that decorate this peaceful corner of La Garrotxa.



Sant Martí de Capsec

The 15 Romanesque churches scattered throughout the Vall de Bianya provide this valley with touches of great beauty and are testimony to the way of life of the people that live there.

The route begins in La Canya and visits the valleys of Bianya, Sant Ponç and Bac before returning to La Canya. We recommend you take three whole days to visit all the churches, as well as all the other historical, cultural, architectural and natural features that you will discover along the ancient trails of La Vall de Bianya.



Santa Maria de Sacot

Did you know?

Many churches of the municipality to come off severely spoiled in the 15th century due to the earthquakes. The strongest were produced on the 15th March of 1427 and on the 2nd February of 1428.

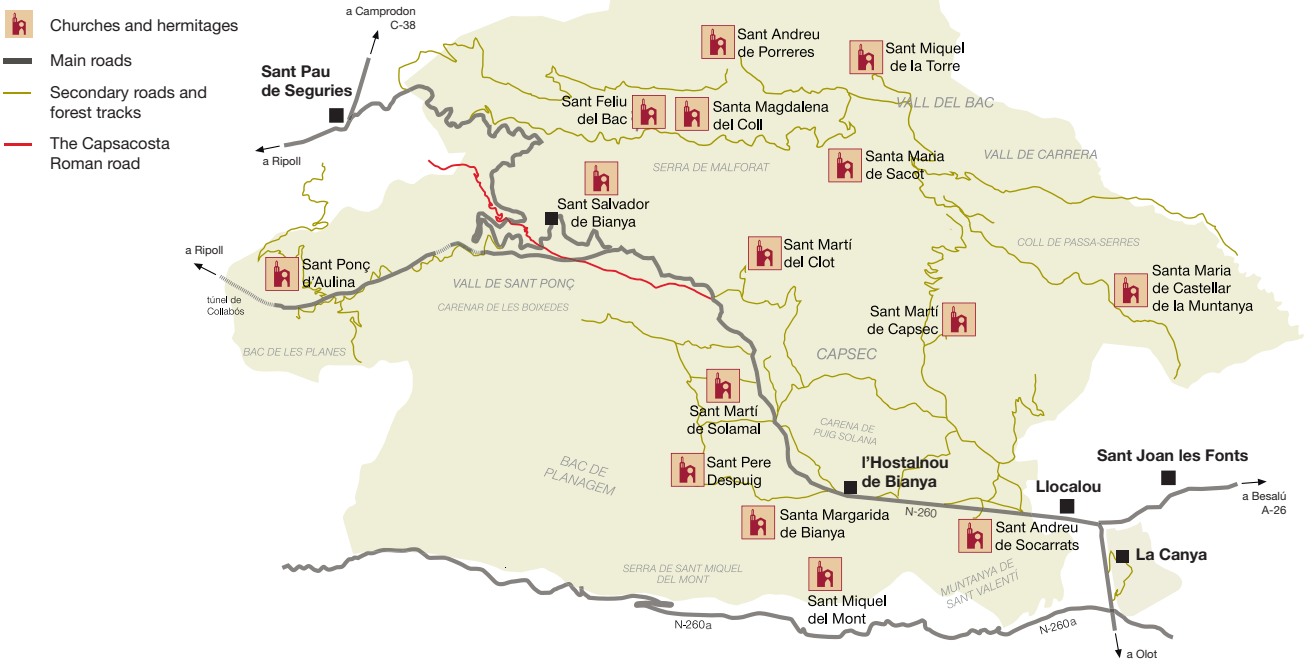
Don't miss

– If you decide to visit in mid-February you will also be able to visit the Fira del Farro in La Vall de Bianya, a gastronomical fair with examples of all the most typical culinary features of the comarca.





Doorway of the church of Sant Salvador de Bianya.



This route takes visitors along the Roman road of Capsacosta and past a variety of old farmhouses, some exhibiting the characteristics of local architecture, some the delights of the much more recent Art Nouveau. The valley also boasts exuberant natural landscapes of forest and meadows, which walkers can enjoy at leisure as they follow Bianya's waymarked footpaths.

Highly recommended is a visit to the Vall de Bianya Landscape Interpretation Centre in Sant Salvador de Bianya. This interpretation and information centre for the valley offers visitors exhibitions, the chance to purchase local products, an audiovisual display and a pedagogical workshop, and is also the starting point for guided visits to Sant Salvador de Bianya, the valley's Romanesque churches and the Roman Road.

Route details

How? some parts on foot, others by bike or by car

How to get there: along the N-260 from Olot

Duration: 3 days (the route is designed to take in five churches a day)

Observations: the route is not signposted as such, although it is fairly easy to reach all the churches

Signposted? no

More information:

www.valldebianya.cat

La Garrotxa tourist map

Itinerary suitable for people with children

Itinerary partly suitable for people with reduced mobility



www.valldebianya.com





Waterfall at Moli Fondo, Sant Joan les Fonts

Keeping cool in La Garrotxa

The intense summer heat is an incentive to search for places to cool off, places where you can rest and at the same time get to know some of the other delights of La Garrotxa. These places are accessible on foot, by bike or by car; furthermore, practically all the towns in La Garrotxa have shady picnic areas, all in beautiful settings and some even with swimming pools. Here we recommend a number of spots in La Garrotxa that you can resort to when you need to cool down.

Besalú

The river Fluvià passes through Besalú and is a good place to cool down, although the river is not considered as such to be a good bathing area. There are two picnic sites: **one under the bridge** and accessible on foot from the main car-park and **the other next to the river**, accessible from Prat de Sant Pere, the starting point for Besalú's Anella Verda (green ring).

Sant Joan les Fonts

Sant Joan les Fonts is one of the towns most closely connected to water in La Garrotxa. It takes its name from the multitude of natural springs (fonts) found in the municipality. The presence of water (although there is no bathing zone in the town) and lava flows are the most characteristic features of this town. It is highly recommended to discover "Ruta de les Fonts i Verlets" irrigated by the water gushing from the fountains of Mulleres and Fontfreda; and **Moli Fondo**, an old paper factory with a waterfall that crashes over a small basalt cliff formed by the lava emitted by the volcanoes in Batet and La Garrinada.

The municipality has two picnic areas, one next to the sports area and the other next to the nursery.

Alta Garrotxa

The landscape of the Alta Garrotxa is one of the many attractions of this *comarca*. Walks through this Area of Natural Interest can be combined with a dip in the municipal swimming baths in Tortellà, Montagut or Maià de Montcal.



How? By car

Signposted? No

More information:
Garrotxa tourist mapItinerary suitable for people with children 

Olot

The **Aiguamoixos de la Moixina** (marshy woodland known to locals as La Moixina) and **Parc Nou** are two beauty spots in Olot where it is easy to find a moment of peace and quiet. Here, the branches of the centuries-old trees will protect you from the rigours of the of midday sun; alternatively, head for the springs at **Les Tries** or **Sant Roc**, or the recreation area at Tossols-Basil.

Tortellà

The park of **Can Santaló** and the main square behind the church are two of the coolest spots in Tortellà. Another shady spot is the spring of **Can Cosí** near the medieval bridge of El Pont de Llerca.

Don't miss

- The municipal swimming baths in Besalú, Castellfolit de la Roca, Maià de Montcal, Montagut, Olot, Les Preses, Les Planes d'Hostoles, Sant Feliu de Pallarols, Sant Joan les Fonts, Tortellà and La Vall d'en Bas.
- The traditional Tossols-Basil swim is held every last Sunday in August, in which participants swim a stretch of the river Fluvià.



The river Fluvià at Castellfolit de la Roca

Santa Pau

The waterfalls and **bathing pools (gorgs) of Can Batlle** can be reached from Santa Pau by following Natural Park itinerary 14. This route (12 km) begins in Santa Pau and after passing by these waterfalls returns to the village via the sanctuary of Els Arcs. For a shorter walk, leave the village via Sant Martí and you will reach the waterfalls and bathing pools after a walk of 8 km.

The headwaters of the river Brugent in Sant Feliu de Pallerols



Vall d'en Bas

Near Sant Privat d'en Bas there is a **picnic spot** accessible by car known as 'Els Pins', which has tables, barbeques and a bar. You can either park in the village of Sant Privat itself and walk the remaining 500 m to the picnic site or drive all the way to the picnic site. The path that leads to the bathing pools starts from beneath the pines at the picnic site.

If you have a little longer you can also head for two of this municipality's best vantage points: **Sant Miquel de Castelló**, accessible –also on foot– from Hostalets d'en Bas, and **Fontanils**, accessible from Puigpardines.

Les Preses

The **swimming pool in Les Preses** is one of the coolest places in summer in this town. Its modern installations offer shade and services, as well as a complete gamut of activities: night swimming, open-air cinema, live music, and so on. **The Pedra Tosca Park** is another relaxing spot in Les Preses. Its maze of paths, dry-stone walls and old stone huts offer a landscape that changes throughout the year and enables visitors to forget (albeit briefly) their troubles and concentrate on the wonderful restoration work that merited, amongst other awards, the Rosa Barba European Award for Landscape Architecture.

Sant Feliu de Pallerols

The river Brugent, a tributary of the river Ter, passes through the centre of Sant Feliu de Pallerols in the Hostoles valley. Around **50 natural springs** are dotted around this municipality: the **Vern**, **Rocalba** and **La Fàbrega fonts** are just three of the natural springs that are easily reached on foot, by bike or by car. The best bathing spots are the **Gorg d'en Duran** and Gorg de la Mola: to get to these delightful spots, park at La Torre and continue on foot or by mountain bike. Another popular place to visit are **Balmes de la Torra**, a group of caves.

Les Planes d'Hostoles

The river Brugent has created many good bathing spots in and around the town of Les Planes. The best are at **Gorg de la Plana** at the entrance to the town in the area known as La Plana, and Gorg de **Santa Margarida**, on the outskirts of the town next to the Pirene factory. Also worth a visit is the **waterfall at Molí dels Murris**, 1 km after the turn-off to Els Cogolls.



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Monastery of Sant Joan les Fonts

Medieval La Garrotxa

Castles and monasteries were at the centre of life in the Middle Ages. Although some of their splendour has waned, today La Garrotxa still maintains vestiges of that past in towns and villages such as Sant Joan les Fonts, Santa Pau and Besalú.



Juvinyà castle in Sant Joan les Fonts

We begin this medieval route in **Sant Joan les Fonts** and one of the first places we recommend you visit is the church of the old **Benedictine monastery**. To reserve a visit, please call: 972 29 05 07

Declared a National Monument, this monastery boasts three naves and porch covered by a late atrium. Also of note are the Romanesque baptismal font decorated with bas relief and a carved Christ-figure, the original of which is kept in the Diocesan Museum in Girona.

Dating from the same era is the **medieval bridge** that joins the old part of Sant Joan and the parish church to the Castanyer quarter. Built from volcanic rock, the bridge over the river Fluvià consists of a single large arch with two smaller lateral arches. Nearby we find the oldest Romanesque civil building in Catalonia, the **castle of Juvinyà**, a fortified manor house that was declared a Monument of National Interest in 1972. In recent years the building has been completely restored and now that has been converted into the Sant Joan les Fonts Territorial Interpretation Centre.



Route details

How? By car

Signposted? no

More information:

Tourist map of La Garrotxa

Itinerary suitable for people with children

Itinerary suitable for people with reduced mobility



The whole of the village of **Santa Pau** merits special attention. The historical centre is presided over by El Castell de la Baronia (the Baron's castle), which is mentioned in documents from the 13th century onwards. Square in shape, this building today consists of a central courtyard and adjoining quarters that is the result of additions made between the 13th and 15th centuries. To the south we find the triangular-shaped Plaça Major, once known as the **Firal dels Bous** (the 'oxen fairground') since it was used as a marketplace and fairground. This medieval square, which has remained practically unchanged since the first decades of the 14th century, is one of the best conserved such squares in Catalonia.

Besalú, the third stop on this medieval route, is one of the best preserved medieval towns in Catalonia and boasts religious and civil buildings (for example, **the monastery of Sant Pere**) of great interest. Founded in 977 and consecrated in 1003, the façade of Sant Pere is renowned for a



The church of Sant Pere in Besalú



Medieval village of Santa Pau



Inside Sant Pere in Besalú

highly original window adorned with the figures of two lions, symbols of the power and the protection provided by the church, which stand, respectively, on a monkey and a naked man, representations of evil and paganism.

In the same square as Sant Pere is Casa Comella, thought to be one of the best conserved Romanesque civil buildings in Catalonia. Behind Sant Pere stands the Hospital de Sant Julià (in fact, a hostel for travellers) with a 12th century façade, while a little further away are the Romanesque church of **Sant Vicenç**, with transitional elements between the Romanesque and Gothic, the Cúria Real and the Collegiate church of Santa Maria, two further examples of the wonderful cultural herit-

age of Besalú. **The Pont Vell** (old bridge), dating from the 11th century and reconstructed a number of times over the centuries, is 105 m long and 30 m high; as the main gate into Besalú it is the true symbol of this marvellous medieval town.

Nevertheless, visitors should not leave Besalú without having first visited the **mikvah** and **synagogue**. Discovered in 1964, the former is the only example of Jewish purification baths to have been found in Spain and only the third of the ten ever found in Europe. The ongoing archaeological digs in Besalú are continually throwing up new surprises in this beautiful town.

Did you know...?

Besalú and Santa Pau are both included in the thematic itinerary 'Pirineu Comtal' (Counts of the Pyrenees) that links some of the most relevant sites in the origins of Catalonia (promoted by the General Directorate of the Tourism of the Catalan Government).

<http://www.catalunya.com/pirineu-comtal-rutes-del-naixement-de-catalunya-24-1-113>

Don't miss

- Besalú Medieval: the first weekend in September – a chance to travel back in time as shows and historical events transform the centre of Besalú into the ancient town of the Counts of Besalú.

- Esmorzars de forquilla a partir de les 9h
- Dinars de 13h a 16h
- Sopars per encàrrec
- Menús per a grups

Obert de dimecres a diumenge i dies festius
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View of the basalt cliff at Castellfolit de la Roca

The best viewpoints in La Garrotxa

Another way to discover La Garrotxa is to climb up high for a bird's-eye view over the *comarca*. Mare de Déu del Mont in the Alta Garrotxa, the sanctuary of La Salut near Sant Feliu de Pallerols, the volcano Montsacopa in Olot, Xenacs recreational area near Les Preses, the basalt cliff at Castellfolit de la Roca and Santa Maria de Finestres near Santa Pau are some of the best natural viewpoints in La Garrotxa and all provide incredible panoramas of the *comarca* and its landscapes.



At left, the volcano Montsacopa, an excellent vantage point over the city of Olot. At right, Argelaguer from El Guilar.

- 1** The recreational area of **Xenacs** in Les Preses provides an atypical view of La Garrotxa and is one of the best places anywhere for getting a bird's-eye view of Croscat and the other volcanoes in the area. As well, its height of 905 m makes it an ideal place for contemplating the fertile plain of Vall d'en Bas and the Alta Garrotxa, as well as the high peaks of the eastern Pyrenees and – if weather permits – Cap de Creus and the sea at Roses. Viewpoint of Xenacs: Every Monday during all the year the barrier of the access is closed.
- 2** Another good vantage point in La Garrotxa and ideal for photography is the **basaltic cliff** in Castellfolit de la Roca, the second smallest municipality in Catalonia. The singular outline of the church and houses perched on the cliff edge is a must for photographers.
- 3** Other excellent viewpoints in La Garrotxa include the volcano of **Montsacopa** in the centre of Olot, which provides good all-round views of the city of Olot itself and the surrounding land-
- 4** scape, the **sanctuary of La Salut and Sant Jordi**, both near Sant Feliu de Pallerols, **Santa Maria de Finestres**, atop the eponymous mountain near Santa Pau, Sant Miquel de Castelló and Fontanils overlooking La Vall d'en Bas, and, last not but not least, the sanctuary of **Mare de Déu del Mont** in the Alta Garrotxa.
- 5**
- 6** **El Guilar**, in Argelaguer, is another interesting viewpoint in La Garrotxa.
- 7**

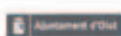


Olot and the Vall del Corb, viewable from Xenacs recreational area

An aerial photograph of the town of Olot, showing a dense urban area with red-tiled roofs and a prominent church spire. The town is surrounded by lush green trees and fields. In the foreground, a large, dark, porous volcanic rock formation is visible, partially obscuring the bottom of the text.

Olot

capital of
the volcanoes



100%
a Garrotxa

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What's on in autumn

For more information on what's on and the programme of guided visits, go to www.turismegarrotxa.com or the local tourist offices (see guide to services on page 59).

Local events and festivals

September

OLOT

- El Tura city festival and dance of the Eagle of Sant Ferriol
One of the most important local festivals of Catalonia.
Declared a Festival of National Interest.

LA VALL D'EN BAS

- Sant Esteve d'en Bas local festival

CASTELLFOLLIT DE LA ROCA

- Castellfollit de la Roca local festival

LA VALL DE BANYA

- Aplec de Sant Miquel del Mont

BESALÚ

- Besalú Medieval
Besalú goes back 1,000 in time and transforms itself into the town of the Counts of Besalú amidst shows and historical events.

LES PLANES D'HOSTOLES

- Santa Espina festival

October

LES PRESES

- Gala de les Preses (Festa Major)

November

BESALÚ

- Magic Besalú
A weekend devoted to magic

Fairs

September

LES PLANES D'HOSTOLES

- Bastó i Fusta Fair and local products
Exhibition and sale of wooden handicrafts.

OLOT

- Craft market

October

OLOT

- Autumn Fair-Sant Lluç
Fair with space devoted to art, cattle, handicrafts and a clothing market.

SANT JOAN LES FONTS

- Sant Joan les Fonts International Witchcraft
An ideal opportunity to discover the world of magic and mystery via activities for people all ages.

BESALÚ

- Liberisliber. Exhibitions of rare books, where you have the opportunity to discover a lot of authors, books, stories and unique art. www.liberisliber.com

November

OLOT

- Orígens. Fair of high-quality food products

MIERES

- Exchange Fair
Fair devoted to the exchange of unwanted objects

BESALÚ

- *Ratafia* Fair
Tasting and sale of *ratafia* (local herb liquor) and other natural and homemade products.

Shows and guided visits

November

OLOT

- La Garrotxa Gastronomic show

Other activities

September

OLOT

- Looking at the sky and Moonlit nights
Outdoor activities.
- Orientation race. Olot
- Volcano race. Olot

October / November

BESALÚ

- Besalú mountain race

OLOT

- City of Olot race

LA VALL D'EN BAS

- *Patata móra* (local type of potato) culinary fair
- Puigsacalm Xtrem and Puigsacalm Race

VALL EN BANYA

- Walk along the Roman road

November

OLOT

- Lluèrnia

LES PLANES D'HOSTOLES

- *Aplec de Sant Martí* Race
- *Sant Silvestre* race mountain

LA VALL D'EN BAS

- Camí Ral Trail

SANT FERRIOL

- Sant Ferriol Race

Markets

Monday: Olot

Tuesday: Besalú i Sant Joan les Fonts

Friday: les Planes d'Hostoles i Sant Esteve d'en Bas

Saturday: Castellfollit de la Roca, Sant Jaume de Llierca, la Canya i Sant Feliu de Pallerols

Monday: Tortellà, Can Blanc (Santa Pau), Les Preses

Monday - saturday: Mercat setmanal i mercat del rengle (Olot)



autumn

Walking

9. Following the lava flows

History

10. Jewish Besalú

Walking

11. Olot and its volcanoes

History

12. The *remences* route

Walking

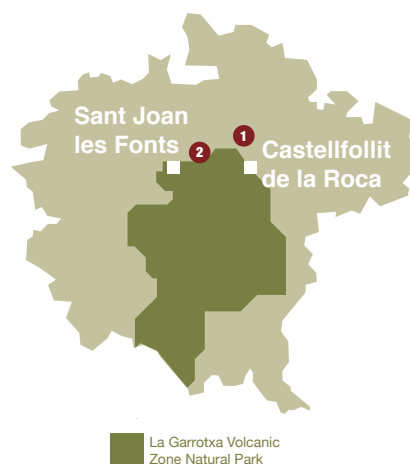
13. The Capsacosta Roman road



Detail of the basalt columns, Sant Joan les Fonts

Following the lava flows

Another of the many attractions of La Garrotxa are its many lava flows emitted by the local volcanoes. Once solidified, the Fluvià and other local rivers in conjunction with the wind and rain have eroded the lava into spectacular cliffs at Castellfollit de la Roca and El Boscarró and Fontfreda in Sant Joan les Fonts. These two walks provide a glimpse of the landscapes of the valleys of La Garrotxa, whose forest-lined rivers are replete with interesting evidence of an all-but forgotten industrial past.



Waterfall at Moli Fondo, Sant Joan les Fonts

Don't miss

- **In Castellfollit de la Roca:** wander through the sinuous streets of the old town to the Josep Pla viewpoint and old church-museum. A gathering of *gegants* (giants) takes place on the last Sunday of September.
- **In Sant Joan les Fonts:** a visit to the Romanesque monastery and the Juvinyà castle is a must. On the night of Sant Joan (June 23-24) the Nit de les Dones d'Aigua (Night of the Water Women), a show combining theatre and dance, is performed.

Did you know ...?

The basalt cliff consists of a number of super-imposed lava flows, which, once they have cooled, form an extremely hard rock known as basalt. As it cools, the lava contracts and cracks appear that form the hexagonal columns.



Castellfollit de la Roca atop its basalt cliff

1 Castellfollit de la Roca

One of the lava flow routes starts and ends at **Castellfollit de la Roca**, whose old quarter is perched high up on a basalt cliff formed by the superimposition of two lava flows. The route begins in Plaça Catalunya and heads along narrow streets into the old town. As you drop down to the bridge over the river Fluvià, from where there is a spectacular view of the basaltic cliff, your route coincides with the Via Annia, a Roman road.

Route details

Itinerary Sant Joan les Fonts:

Max. height: 362 m **Min. height:** 323 m
Distance: 4,70 km approx.

Itinerary Castellfollit de la Roca:

Max. height: 302 m **Min. height:** 235 m
Distance: 1,85 km approx.

Route only suitable on foot

How to visit? the trail to the lava-flows is designed to be walked and is marked with signs from La Garrotxa Volcanic Zone Natural Park. If we take the route of the three lava flows we can join the route of 'les Fonts' and 'Verlets', following recovered old paths. La Ruta de les Fonts i Verlets is also for walkers, although most of the trails are also suitable for bikes.

How to get there: there are car-parks on the outskirts of both towns; take one of the exits from the C-66 or A-26 west of Besalú

Duration: 45 min Natural Park itinerary 13 in Castellfollit de la Roca;
1h 35 min following Natural Park itinerary 16 in and around Sant Joan les Fonts

Accessibility: unlike the trail to the lava flows, La Ruta de les Fonts i Verlets is suitable for both wheelchairs and pushchairs/prams.

Observations: the Sant Joan les Fonts itinerary is rough underfoot and appropriate footwear is necessary. This itinerary is not possible after heavy rain as the river cannot be crossed. The Castellfollit de la Roca itinerary is much easier underfoot. Both are essentially flat except for: the walk from the river up to Castellfollit (55 m) and the walk down to Molí Fondo (25 m) after Sant Joan les Fonts

Signposted? Yes. Natural Park itineraries 13 and 16

More information:

More information: leaflet for Natural Park itineraries 13 and 16
La Garrotxa tourist map

2 Sant Joan les Fonts

The second itinerary departs from the Tourism Office in **Sant Joan les Fonts** following directions to Molí Fondo – Boscarró, a site transformed from a river environment to an igneous rock area. The first and second lava flows took place 700,000 and 150,000 years ago respectively. The last and most recent stream of lava was recorded 130,000 years ago. The result of the three lava flows has led to a 5 hectare area of geological interest.

A tunnel of lava has been identified in the second of the three flows of lava. The pressure derived from the great quantity of lava streaming, caused a deformation or abscess on the tunnel's ceiling, generating small mounds of solidified lava. The erosion of the 'Fluvià' river at 'Molí Fondo' has uncovered these unique geological formations in the volcanic area of la Garrotxa and continental Europe.



The river Fluvià near Sant Joan les Fonts

Sant Joan les Fonts

Nature and Heritage



www.turismesantjoanlesfonts.com



The mikvah, the only Jewish purification baths in the Iberian Peninsula

Jewish Besalú

Besalú oozes history from every corner: every street, square and building provides clues to the town's past and the people that have lived there through the centuries. The Jewish community that thrived from the end of the 9th to the 15th century is a case in point and its valuable historical legacy can be appreciated on this route through the *call*, Besalú's Jewish quarter that has its origin in the Jewish community who lived there in centuries past.



Near the mikvah

Don't miss

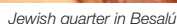
- **Besalú, Jewish town:** first weekend in March, devoted to Jewish culture.
- **Tonight, Besalú:** dramatised nocturnal visits (Wednesdays in July and August).
- **European Jewish Culture Day.**
- **Medieval Besalú** (first weekend in September).
- **You can also participate in guided tours to Miqué.** Departure from Besalú Tourist Office at 12pm, at 13.30h, 16.30h to 18h. Advance booking on 972 59 12 40
- **Traditional Besalú cuisine in the restaurants belonging to the group Besalú Gastronòmic.**

Did you know ... ?

Besalú is the setting for the book *Bridge of the Jews* by Martí Gironell that has become one of the best-selling Catalan books of recent years. The novel, which recreates the construction of the famous bridge, is one

of the sources of inspiration of the guided tours that visit the town. Other parts of La Garrotxa such as the Alta Garrotxa have also served as the inspiration for local novelists (see page 18).





Suitable in part for people with reduced mobility.



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The crater of the volcano Montsacopa with the church of Sant Francesc in the background.

Olot and its volcanoes

The city of Olot spreads out around the base of one of La Garrotxa's best known volcanoes – Montsacopa – and climbing its slopes is a perfect way to rediscover nature without actually leaving the city. Also known as Sant Francesc, this volcano is a reminder of the landscape that surrounds you in this surprising *comarca* and one of the best vantage points over Olot. A second must for visitors to Olot looking to enjoy the natural wonders of this *comarca* is the Parc Nou, home to the Museu dels Volcans.



- 1 Once you have visited the streets and squares of the old centre of Olot, take time out to climb one of the symbols of this city – the **volcano Montsacopa** or Sant Francesc – whose outline with church and watch towers looms characteristically behind the old city. It is only accessible on foot, but it is worth climbing for the view alone, and visitors should also take a turn around the lip of its crater and enjoy the 360° view of other points of interest in Olot – the volcanoes Garinada and Aiguanegra and the peaks of **Bassegoda** and **Mare de Déu del Mont** in the distance to the east. The church of Sant Francesc was built at the end of the Peninsula War in the 19th century on the site of a military building, while the watch towers date from the era of the Carline Wars, also in the 19th century.
- 2 If the visit to Montsacopa has awoken an interest in the volcanoes, then we suggest you head for **Parc Nou** where, in the basement of

Don't miss

- The city's shops, its restaurants and their excellent volcanic cuisine, and the marshy woodlands of La Moixina



The Museu dels Volcans and the La Garrotxa Volcanic Zone Natural Park tourist information centre in the Torre Castanys (or Casal dels Volcans) in Parc Nou.



The center of Olot, on a step of the volcano Montsacopa.



Image of the Local Festivity

Route details

How? on foot or by bike (except for Montolivet to Fonts de Sant Roc)

Duration: 4 hours for the whole circuit (Montsacopa, Parc Nou, Montolivet and Fonts de Sant Roc); 1 h 15 min if you only visit Montsacopa; 3 hours for the Museu dels Volcans, botanical gardens, Olot city centre, Montsacopa and return to Parc Nou

Starting point: Montsacopa/Parc Nou

How to get there: follow the signposts in Olot to the car-parks at Parc Nou or the cemetery, where you can park before climbing Montsacopa

Observations: vehicles with special permission from the La Garrotxa Volcanic Zone Natural Park can drive up Montsacopa to the crater. Other than the climb up to the craters Montsacopa (40 metres) and Montolivet (50 metres), this itinerary is flat

Signposted? Yes. Route 2: 'Montsacopa' and 'Montolivet' volcanoes.

If you still feel like discovering new places in Olot we offer you up to 4 sign-posted routes, that start and finish in the centre of Olot.

- Route 1: "Les Bisarques" volcano.
- Route 2: "Montsacopa" and "Montolivet" volcanoes.
- Route 3: "Pedra Tosca" paths.
- Route 4: "Cabrioler" and "El Racó" volcanoes.

More information:

Olot tourist map

Itinerary suitable for people with children

In part, suitable for people with reduced mobility



the **Torre Castanys** house, you will find a museum, the **Museu dels Volcans**, that provides an explanation of the volcanic phenomena and natural systems to be found in La Garrotxa. In addition, the gardens of this elegant house are also of interest and this 4-ha green lung, replete with elements of classical English landscape gardening, mature stands of native trees and a garden of medicinal plants, is an excellent spot in which to relax and take a rest from sight-seeing.

- 3** If you still want to see more natural sights in Olot, head for the **volcano Montolivet** and the springs of Fonts de Sant Roc, where you can enjoy a shady walk along the banks of the river Fluvià.

COLÒNIES ESCOLARS
GESTIÓ D'ESTADES I TREBALLS SÍNTESI

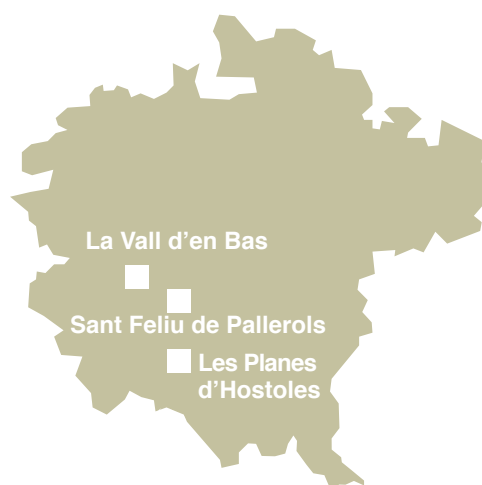
GUIATGES AL PARC NATURAL
DE LA ZONA VOLCÀNICA DE LA GARROTXA



The church of Sant Quinti,
in la Vall d'en Bas

On the trail of the Remences

The revolt of the Remences – a peasant uprising against their lords and the abusive *mals usos* (feudal obligations) - took place in La Garrotxa during the second half of the 15th century. One of the most outstanding reminders of this period is the castle of Hostoles that, according to the historian Vicenç Vives, is “the most notable mountain fortress of the Remença resistance”. Today, this castle is the focal point for understanding this revolt, led by Francesc de Verntallat from the village of El Mallol in La Vall d'en Bas. This route takes you through the Hostoles and Bas valleys and onto Santa Pau, following in the footsteps of the Remença peasants as they fought for their freedom.



Detail of the old part of El Mallol
in La Vall d'en Bas

Don't miss

- The prison in El Mallol (visits organised by La Vall d'en Bas tourist office), Colltort castle, the *sagrera* (old quarter clustered around the church) of Sant Feliu de Pallerols and the rest of its historical centre, and the monument to Francesc de Verntallat in the house he lived at the end of his life (opposite the Molí de la Conqueta).
- The gastronomical tradition of La Garrotxa kept alive by the restaurants of the group Cuina Volcànica.
- A walk through the peaceful village of Mieres, which in September 1484 was the scene of a revolt when the local authorities attempted to put an embargo on the property of the people who refused to pay their taxes to the local lords.

Did you know...?

Thanks to the Sentence of Guadalupe signed by Ferdinand the Catholic, Catalan peasants enjoyed by the 15th century a series of personal freedoms that people in the Iberian Peninsula and the rest of Europe did not possess until many centuries later.



This route begins in La Vall d'en Bas in the **village of El Mallol**, sat astride one of the most notable rocky outcrops in this otherwise flat valley. The house of the Veguer, the prison or Notari house, as well as the farmhouse where Francesc de Verntallat was born, are some of the most significant buildings preserved in this village. A plaque reminds visitors of the connection between El Mallol and Francesc de Verntallat and at the en-

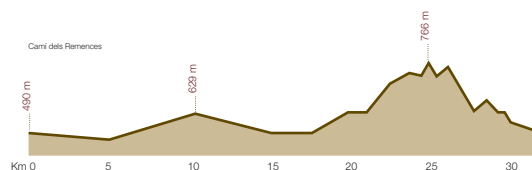


Village of El Mallol

trance to the village of **Hostalets** a further monument to this peasant leader can be seen.

The next stop on this route is **Sant Feliu de Pallerols**, where in the old centre of this town (the old *sagrera*) you can see the house in which Francesc de Verntallat died. Also of interest in this town is the mill Molí de la Conqueta, where the peasants who decided to rebel against the abuses they were subjected to by their feudal lords once worked so ceaselessly. Within the limits of the municipality of **Sant Feliu de Pallerols** lies the **castle of Hostoles**, the main fortification in the valley and one of the principal strongholds of the feudal system in the valley. Francesc de Verntallat took and converted the castle – today in ruins – into his headquarters during the first Remença revolt, and it was to remain in the hands of the rebels until after the second Sentence of Guadalupe. Today, the only visible remains of this symbol of Catalan history, documented from 1020, are parts of the walls, part of the main cylindrical tower and the cistern.

Hostoles castle



Route details

Route: el Mallol - Santa Pau

Max. height: 907 m **Min height:** 463 m

Total climb: 565 m

Total descent: 562 m

Distance: 32,14 km aprox.

How? by car, on foot and in part by bike

How to get there: the C-63 and C-152 are the main access roads for this route

Duration: a whole day

Starting point: El Mallol

Signposted? No

More information:

Itinerànnia 1:50,000 map, Editorial Alpina

Tourist leaflet of the Bas and Hostoles valleys

Tourist map of La Garrotxa

The castle of Hostoles and those of Puig-alder and Colltort stood on the frontier between the countdoms of Besalú and Girona: Puig-alder, also in the municipality of Sant Feliu de Pallerols, is mentioned in 1020 in the testament of Bernat Tallaferro and by 1184 a church dedicated to Sant Salvador had also been built on the same lofty site. Restored a few years ago, attached to the church there is a small building where people can sleep and from where there are splendid views across the valleys of Vallac and Bastons.

The castle of Colltort, documented from 1017, also provides splendid views across La Garrotxa. Today, it too is ruined but gazes down over the route to Santa Pau, another of the village in La Garrotxa that was marked by the revolt of the Remences.



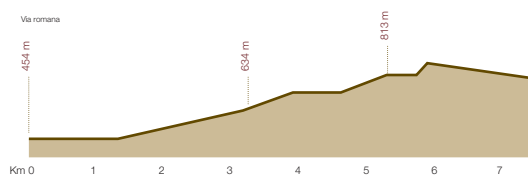
View from the Roman road

The Capsacosta Roman road

A good way of reaching La Vall de Bianya is to walk the Capsacosta Roman road. Transited since time immemorial, in recent years this road was used to drive cattle in summer to their high Pyrenean pastures. Constructed by the Romans as a branch of the great Via Augusta that led from Rome across the Pyrenees and into southern Spain, it was once the only link between the valleys of Bianya and Camprodon.

The only remaining Roman part of this road that still exists is a 8-km stretch that runs from Sant Pau de Segúries (in El Ripollès) to the Pas dels Traginers in La Vall de Bianya (La Garrotxa). Nevertheless, a lot of this stretch is still paved and the gutters, bridges, water deposits, and associated quarries and hostels are still perfectly visible.

Walk this route with its many hidden charms and travel back 2,000 years in time!



Don't miss

- The Vall de Bianya Landscape Interpretation Centre located in Sant Salvador de Bianya is the best starting-place from which to enjoy this route.



A stretch of the Roman road

Did you know ... ?

The Capsacosta Roman road is also known as the **Via Annia** and this name is the origin of the name of the valley – **La Vall de Bianya** – through which it runs.

Route details

Max. height: 993 m **Min. height:** 419 m
Total climb: 582 m
Total descent: 94 m
Distance: 7,6 km approx.

How? on foot (bikes are not allowed on the Roman road)

Duration: 3- 4 hr. This timing assumes that you have left a car in La Vall de Bianya (La Garrotxa) and another in Sant Pau de Segúries (El Ripollès). If you walk the Roman road there and back from Vall de Bianya, it will take around 6 hours

Starting point: Pas del Traginers in La Vall de Bianya

How to get there: Pas dels Traginers is next to the N-260, about 8 km from Olot and near Mas Coromina

Signposted? Yes. Information panels and Itinerànnia waymarking




More information:
 Itinerànnia 1:50,000 map, Editorial Alpina
 La Garrotxa tourist map

HOTEL La MAS Ferreria



Mas la Ferreria, Santa Margarida
La Vall de Bianya (Garrotxa)

T +34 972 29 13 45
www.hotelmaslaferreria.com

 @maslaferreria  @maslaferreria  /maslaferreria

history — nature — rest

What's on in winter

For more information on what's on and the programme of guided visits, go to www.turismegarrotxa.com or the local tourist offices (see guide to services on page 59).

Local events and festivals

February

OLOT

- Olot Carnival

December

LES PRESES

- Christmas festival

Fairs

January

SANTA PAU

- *Fesol* (local variety of haricot bean) culinary fair in Santa Pau
Tasting of dishes made from the local variety of haricot beans.
- Gastronomic workshop devoted to Santa Pau haricot beans and local buckwheat products

February

OLOT

- Olot X2

OLOT - BATET DE LA SERRA

- Fira del Fajol (Buckwheat Fair)
Local products made from buckwheat and craft fair. Demonstration of the threshing and winnowing of buckwheat.

VALL DE BIANYA

- Culinary fair of *farro* (semolina-like grain) and buckwheat
Tasting of dishes made from farro (semolina-like grain). Exhibitions and popular dinner with farro-based dishes. Demonstration of the workings of flour mills and agricultural techniques.
- Gastronomic workshop devoted to Santa Pau haricot beans and local buckwheat products

December

LA VALL D'EN BAS

- Sant Nicolau Fair
Remensa and ethnological fair, with activities, food, craft show and craft fair.

SANT FELIU DE PALLEROLS

- Santa Llúcia Fair
Market of traditional and craft products and cattle show

Guided visits and exhibitions

December and January

OLOT

- Christmas Market – craft fair – Collector's market
Nativity-scene figures and images, Christmas decorations and other craft and natural products.

Other activities

December

- Living nativity scenes and Christmas draws in towns and villages in La Garrotxa
- Midnight Mass and party at which hot chocolate is served in various churches in La Garrotxa, including the Romanesque monastery of Sant Joan les Fonts (monument declared of National Interest), and in Riudaura, one of the more traditional Midnight Masses in Catalonia".

OLOT

- Marxa Nadalenca

CASTELLFOLLIT DE LA ROCA

- Christmas activities

Markets

Monday: Olot
Tuesday: Besalú i Sant Joan les Fonts
Friday: les Planes d'Hostoles i Sant Esteve d'en Bas
Saturday: Castellfollit de la Roca, Sant Jaume de Llierca, la Canya i Sant Feliu de Pallerols
Monday: Tortellà, Can Blanc (Santa Pau), Les Preses
Monday - saturday: Mercat setmanal i mercat del rengle (Olot)



winter

Walking

14. The heart of La Garrotxa
Volcanic Zone Natural Park

Landscapes

15. Villages with charm

Architecture

16. Art Nouveau Garrotxa

Architecture

17. The Romanesque churches of
Maià de Montcal and Beuda



Former quarry in the volcano Croscat

The heart of La Garrotxa Volcanic Zone Natural Park

This route offers an alternative way of discovering three of the most-visited places in La Garrotxa Volcanic Zone Natural Park.

The path from the Santa Margarida car-park heads northwards across the road (GI-524, Olot-Santa Pau) and then coincides with Natural Park itinerary 15 (Grederes del Croscat) as far as the turn-off to Can Passavent.



1 The volcano Croscat

Croscat is a Strombolian volcano and its 160 m in height make it the highest volcanic cone in the Iberian Peninsula. For many years one of its flanks was quarried and today an impressive scar – that can be visited by following itinerary 15 – remains as a reminder of the once active quarry (*gredera*). This is a very fragile site and visitors should not leave the marked paths. On the flanks of the volcano stands Can Passavent Information Centre, where there is a permanent display about the restoration of the volcano. After contouring around the former municipal rubbish tip (now closed and sealed), the path drops gently to the car park at Can Serra.

At Can Serra, the itinerary crosses under the road and takes you down a short flight of steps into the Fageda d'en Jordà.

The old quarry on the flank of Croscat.



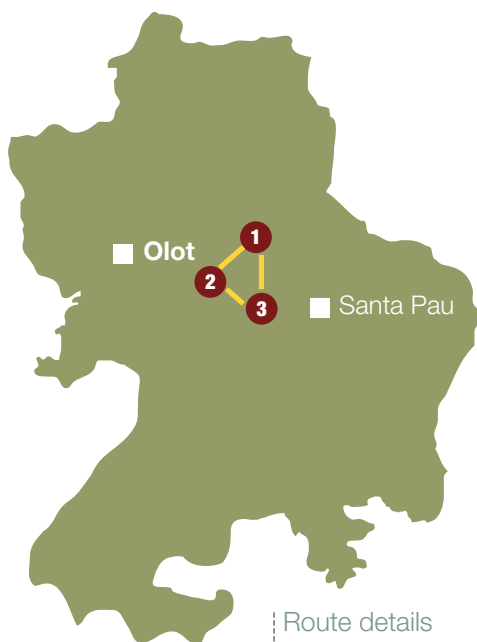
2 The Fageda d'en Jordà

The famous Fageda d'en Jordà is a beech forest growing at low altitude (550 m) upon the rugged undulating lava flow emitted by the volcano Croscat, which is characterised by numerous scattered lumps and hummocks (known as *tossols*) that in some cases are over 20 m high.

After leaving the Fageda, the path takes you onto Coll de Can Batlle and Sant Miquel Sacot, the latter a church of Romanesque origin dating from the 11th century. From here, it drops down to Pla de Sacot and then climbs up to Collet de Bassols on the south-west flank of the volcano of Santa Margarida.



Fageda d'en Jordà



La Garrotxa Volcanic
Zone Natural Park

Route details

Max. height: 744 m **Min. height:** 568 m
Total climb: 199 m
Total descent: 190 m
Distance: 11 km aprox.

How: on foot. Mountain bikes and horses are not allowed on this itinerary

How to get there: by car, take the GI-524 from Olot to Santa Pau

Duration: half day

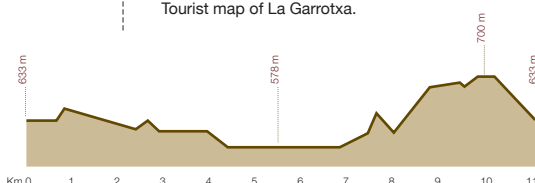
Difficulty: moderate

Starting point: Santa Margarida car-park

Signposted? Natural Park itinerary 1 and in part the Itinerànnia network

More information:

Natural Park itinerary 1 leaflet
Tourist map of La Garrotxa.



3 The volcano Santa Margarida

Santa Margarida is a freato-magmatic volcano, whose explosion opened up a wide circular crater in whose midst stands today the eponymous Romanesque church. In the case of Santa Margarida, the explosion opened a broad circular crater in which the chapel dedicated to Santa Margarida was built. Today, the crater floor is pastureland, while the flanks of the volcano are covered in ever-green holm oak on the sunny south-facing side and mixed deciduous forest on the cooler north-facing slopes. From here this itinerary continues onto the car-park at Santa Margarida, a section that links to Itinerary 3 (Can Xel-Santa Pau).

To enjoy this route to the full, we recommend that you visit in spring, summer or winter, since the autumn colours attract large numbers of visitors to this part of the Natural Park.

Did you know...?

Groups who visit Croscat must have made a reservation (Tel.: 972 19 50 94) and be accompanied by an accredited Natural Park guide, or have received authorisation from the Natural Park (Tel.: 972 26 81 12). Another point of interest on this route is the Romanesque church of Sant Miquel Sacot (11th century). The spring at Colledemunt (not drinking water) in the Santa Margarida car-park is the only source of drinking water on the whole route.

Don't miss

The other walking itineraries that link up with this route: Natural Park itineraries 3 (Olot-Can Xel), 5 (Can Xel-Colltort) and the marked paths of the Itinerànnia network, which provide access to many more interesting places in the La Garrotxa, both in and outside the Natural Park. The Bosc de Tosca and, more specifically, the Pedra Tosca Park in Les Preses, is a unique rural landscape of great ecological interest. It stands on the lava flow emitted by the volcano Croscat and one of its most outstanding features are its extraordinary dry-stone walls. The traditional gastronomy of la Garrotxa in the restaurants of the group Cuina Volcànica.



For everyone, all year round

www.hotellaperlaolot.com

★ ★ ★
La PERLA

Hotel - Apartament - Restaurant
Olot

Tel. 972 262 326
reserva@laperlahotels.com



The medieval village of Santa Pau. On the following page, Carrer Teixeda of Hostalets d'en Bas

Villages with charm

Despite the multiple attractions – landscape, cuisine and its people – of La Garrotxa, there are some places in this *comarca* that have a truly unique air about them. This is the case of the charming villages you will discover if you decide to follow this route through Besalú, Riudaura and Santa Pau.



Sant Privat d'en Bas

Besalú has so many attractions that it is hard to know where to begin in what is one of the most singular medieval towns in Catalonia: nevertheless, you ought not to miss its unique Jewish quarter, the church/monastery of Sant Pere with its exceptional ambulatory, the church of Sant Vicenç with a lateral gothic chapel devoted to the True Cross, the façade of the old church/hostel of Sant Julià, the medieval house of Casa Cornella and the gothic hall in the Cúria Real. Other charming villages include **Sant Esteve d'en Bas**, the capital of the Bas Valley, graced by a Plaça Major with a 12th century Romanesque church with interesting capitols and the oldest Christ Majesty figure in Catalonia; **Hostalets d'en Bas**, beloved for the delightful balconies decorated by geraniums in summer that run along Carrer Teixeda; **Joanetes**, with its church devoted to Sant Romà set against a background of the mountains of Puigsacalm; **Puigpardines**, once an important medieval monastery; and **Sant Privat d'en Bas**, **La Pinya** and **El Mollo**, three further charming villages that add to the delights of this route.



Don't miss

Although its origins are lost in the mists of time, the dance of El Gambeto is still performed in Riudaura on Whitsunday. El Gambeto begins with eight mixed pairs dancing to the music of the Ball del Roser, the men wearing top hats and *gambeto* (a long black coat that reaches down to their feet) and the women long skirts and white hoods. After a while, the initial participants invite those watching to join in the dance with them.

Did you know ... ?

A good reason to follow this route at the beginning of December is the relatively recent **Sant Nicolau Fair** in El Mollo, held every December 6th and today one of the most visited of all fairs in La Garrotxa.



Riudaura

The medieval layout of its streets and the attractive surrounding landscapes make **Riudaura** another 'must-see' village in La Garrotxa. Wandering through this village you will discover Plaça Gambeto, buildings such as Can Bago and the ancient chapel of Sant Marçal, today the town hall and doctor's, and streets such as La Rutlla, d'Olot, La Terrica and Rompeculs that all go to make Riudaura one of the most charming villages in La Garrotxa. It lies in the valley of the Riera de Riudaura, enclosed by the mountain of Sant Miquel del Mont, Coll de Coubet with its abandoned hostel of La Cantina, Coll de Canes and the mountain of Santa Magdalena de Cambrils. The mountains of Puig de l'Ofrena, Puig de la Miranda and La Rauta separate Riudaura from La Vall d'en Bas.

Santa Pau, the final stop on this route through the villages with charm in La Garrotxa, was declared of Historical and Artistic Importance in 1971 and today the village exhibits a typical medieval street plan, with walls, irregular streets, evocative corners and buildings of

Don't miss

As elsewhere in La Garrotxa, local cuisine is important in Santa Pau and the star ingredient is the *fesol*, a small white haricot bean. Cultivated in the local volcanic soil, the *fesols* from Santa Pau are renowned for their quality and at the beginning of each year they are the main attraction of a fair that brings thousands of people to Santa Pau. The Fira del Fesol coincides with the festivities of Sant Antoni and over the years has become one of Santa Pau's main tourist attractions.

Route details

How? by car, by bike or on foot

Duration: a whole day

Signposted? no

More information:

Tourist leaflets from Besalú, Santa Pau and La Vall d'en Bas
La Garrotxa tourist map

Itinerary suitable for people with children

Itinerary in part suitable for people with reduced mobility



great architectural interest. Situated at the foot of the Serra de Finestres, the village grew up around the Baron's castle, documented from the mid-13th century. When the Barony of Santa Pau was created in 1278, this castle became the main residence of the lords of the area and from 1300 onwards became the walled centre of the growing village of Santa Pau. Past and present meet in Santa Pau and a visit to this beautiful village will leave nobody indifferent!





Art Nouveau facade of Casa Gassiot in Olot

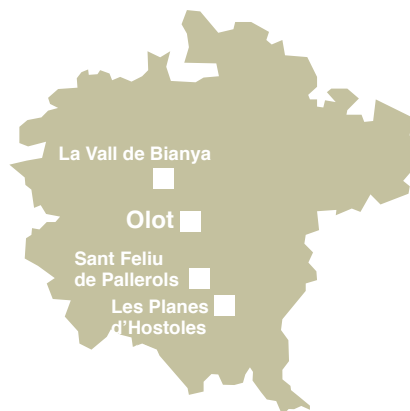
Art Nouveau La Garrotxa

Art Nouveau left its mark on La Garrotxa. The Solà-Morales house in the centre of Olot, the school in Les Planes d'Hostoles and Mas la Riba (an old farmhouse) in La Vall de la Bianya are but three of the numerous examples of this artistic style that is so characteristic of Catalonia.



Casa Gassiot on Carrer Sant Rafael in Olot

The Firal (market place) is home to two of the most important Art Nouveau buildings in Olot. On one side stands the **Solà-Morales house**, which was included in the European Art Nouveau route in 2000. Plant motifs predominate on the façade renovated by Lluís Domènech i Montaner in the period 1913-1916. The top storey has a gallery supported by 12 decorated columns and a barbican tiled with ceramics from Valencia; also on the façade there are two caryatids by the sculptor Eusebi Arnau. From this house, another of the most eye-catching buildings in Olot – the **Gaietà-Vila house** at the other end of the Firal – is visible. This lat-



Did you know...?

Art Nouveau (known as *Modernisme* in Catalonia) was a cultural movement that influenced many architects and decorative artists. It was characterised by a dominance of curved over straight lines, the use of rich detailed decorations and plant motifs, a delight in asymmetry and a dynamic use of forms. Most of La Garrotxa Art Nouveau route can be explored from the Carrilet cycle lane.



Casa Pujador and Plaça del Conill on Carrer Major in Olot



Mas la Riba in L'Hostalnou de la Bianya



Galetà-Vila house in Olot



Can Garay in Les Planes d'Hostoles

ter house was designed by the architect Alfred Paluzie and has medieval elements such as crenellations on its roof. Other Art Nouveau buildings in Olot include **Casa Pujador**, **Casa Gassiot** and **Casa Masramon**, the latter the work of the architect Rafel Masó. This architect also designed **Mas la Riba** in L'Hostalnou de la Vall de la Bianya, a village that can also boast an Art Nouveau altar piece and entrance door in the **Romanesque church of Sant Salvador de Bianya** and the Art Nouveau **Casa de la Coromina**.

Art Nouveau also made its presence felt in the Hostoles valley. In Sant Feliu de Pallerols **Can Casas** is decorated with coloured glass, painted ceramics and worked wood and iron, which dates this building – today a chemist – from the beginning of the 20th century and the end of the Art Nouveau period. In the neighbouring town

Route details

How? By car, by bike or on foot

Duration: a whole day

Starting point: Olot city centre

Signposted? no

More information:

More information

Tourist map of La Garrotxa

Itinerary suitable for people with children

Itinerary suitable for people with reduced mobility



Don't miss

- The Museu Comarcal de La Garrotxa, which contains Art Nouveau works such as a number of sculptures by Miquel Blay.

- The details on the façades of houses and their stained-glass windows inspired by nature and movement, and the curved lines (known as 'whip-lash' lines) in the iron-work illustrating floral motifs and figures.

of Les Planes d'Hostoles, the first Art Nouveau building you will find is the **school**, opened in 1918. It stands on the left-hand side of the road from Sant Feliu and one of the peculiarities of its façade is that the signs that differentiate the boys and girls entrances are still visible. A little further along and on the same side of the road stands **Can Garay**, converted into a hotel with an Art Nouveau *ambience* to mark its centenary. Continuing on towards Girona, we find **Torre Dusol**. It was built between 1920 i 1922 and today a well-known restaurant and conference centre known how **Torre dels Til·lers**. Other buildings in the town that are reminiscent of Art Nouveau include **Can Cadet** and **Can Noguer**.



HOTEL CAN GARAY
Les Planes d'Hostoles
Tel 972 448 253
mòbil 649 508 371
www.hotelcangaray.com

Garden bar





Detail of the door of Sant Vicenç

The Romanesque churches of Maià de Montcal and Beuda

Maià de Montcal and Beuda are both good examples of La Garrotxa's valuable cultural heritage and their wonderful Romanesque churches are the perfect excuse to visit this part of La Garrotxa, close to the border with the neighbouring *comarca* of the Alt Empordà. This route takes you to nine different churches, all dating from in the 9th-12th centuries.



Sant Feliu de Beuda

The route begins in Beuda at **Sant Pere de Lligordà**, a 12th-century church with a south-facing main door, a rectangular nave and a semi-circular apse. We continue on to **Santa Maria de Palera**, another 12th-century church with a semi-circular east-facing apse whose a nave is covered by a barrel-roof reinforced by two transversal arches. It was once home to a Gothic carved alabaster Mother of God, which today is to be found in the Girona Art Museum.

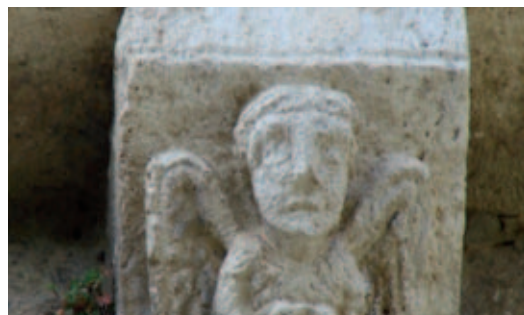
The next point of interest is **Sant Sepulcre de Palera**, a fascinating 11th-century Romanesque church that was consecrated in 1085. It has a central nave covered by a barrel-roof and aisles covered by half-barrel roofs, all supported by rectangular pillars and leading on to their corresponding apses.

Don't miss

- This peaceful corner of La Garrotxa has, aside from its numerous religious buildings, a number of Catalonia's most remarkable manor houses (for example, Noguer de Segueró).

Did you know ... ?

The Romanesque is an architectural and artistic style that appeared in the 12th century (above all in architecture) whose main features are its functionality and austerity. Romanesque buildings are characterised by their low roofs, thick walls without decoration or windows, barrel-vaulted roofs and rounded arches.



Detail of a corbel on the church of Sant Vicenç



Side wall of Santa Magdalena de Jonqueres



Main door of Sant Pere de Lligordà



Sant Vicenç



Santa Magdalena or Santa Maria de Jonqueres

Another attraction of this route is the 12th-century church of **Sant Feliu de Beuda**, well known for its valuable 12th-century font decorated with bas-relief figures and blind arches. From here we continue to **Santa Maria de Segueró**, an 11th-century Romanesque church with a single nave and a polychrome image of the Virgin Mary (14th century) carved in alabaster.

At this point we enter into the municipality of Maià de Montcal with its church of **Sant Vicenç**, dating from 978. It boasts a rectangular nave and a circular east-facing apse and singular ironwork on the church door. Next, the route takes us to **Santa Magdalena de Maià** (13th century), the former church of the old priory of **Santa Maria de Jonqueres** (13th century), located at the eastern limit of la Garrotxa on the top the hill of Santa Magdalena. It has a barrel roof and an apse with a quarter barrel roof.

We finish the route at the church of **Sant Martí** (12th century) in the hamlet of Dosquers, which boasts a

Route details

How? by bike or car

Duration: half day


Starting point: Sant Pere de Lligordà

How to get there: leave the A26 at Besalú and take the GIV-5234 towards Beuda

Observations: the main tourist attractions in this area are signposted

More information:

Maià de Montcal tourist leaflet
La Garrotxa tourist map

Itinerary suitable for people with children 

single nave with a barrel roof and a semi-circular apse. Not far away stands the chapel of **Saint Prim and Saint Felicià**, along with a generous natural spring that, according to legend, provided water for those carrying the remains of the saints to the monastery of Saint Pere in Besalú.



Explore La Vall d'en Bas

Enjoy dreamlike landscapes, taste our cuisine,
discover our traditions ...

A whole world to explore!



Nature



Architecture



Water



Culture

Apartments

Ca La Carmelita- 972 693 256 · www.calacarmelita.com
Can Guidic-Can Mestrehumà- 649 206 953 · www.fina.cat
Can Morera- 972 694 802 · www.canmorera.com
Colomer-Cullell- 972 690 606 · www.allotjamentsrurals.com
Finca la Coromina- 972 691 083 · www.fincalacoromina.com
Mas Masnou del Corb- 689 681 883 · www.masmasnou.com
Mas Rafalot- 972 690 184

Country houses

Can Piqué- 679 413 680 · www.canpique.org
Can Riera-Casa Rural- 686 303 406 · www.canriera.es
El Bosquet- 651 923 124 · www.elbosquet.com
El Ferrés-Molí del Ferrés- 972 690 029 · www.elferres.com
La Xiquella- 667 421 065 · www.laxiquella.cat
Mas la Riera- 606 140 193 · www.maslariera.com
Mas les Comelles- 616 419 719 · www.maslescomelles.com
Mas Rubió- 650 620 103 · www.masrubio.com

Summer camps

El Rourell- 686 414 113 · www.elrourell.com

Inns and Hotels

Fonda Barris- 972 690 064 · www.fondabarris.com
Hotel Vall d'en Bas- 972 690 101 · www.canmorera.com

Activities

Queseria La Xiquella- 667 718 004 · www.laxiquella.cat
Granja ecuestre Equillet- 610 571 331 · www.equillet.com
Mas La Coromina - Granja ATO- 699 746 752 · www.maslacoromina.cat
Menja'm- 972 690 929 · www.menjam.cat
Tren Turístico Tricutricu- 633 220 182 · www.tricutricu.com

Bars and Restaurants

Bar L'Estrada- 972 691 056
Ca La Carmelita- 972 693 256/618 509 961 · www.calacarmelita.com
Ca l'Esteve- 972 690 600 · www.braseriacalesteve.com
Can Font- 972 690 066
Can Morera- 972 694 802 · www.canmorera.com
Can Trona- 972 690 191
Can Turó- 972 693 452
Fonda Barris- 972 690 064 · www.fondabarris.com
La Casilla- 972 690 350 · www.lacasilla.cat
La Cooperativa- 972 691 039
La Cuina d'en Moke's- 972 691 012
L'Hostalet- 972 690 006 · www.restauranthostalet.com
Sant Miquel- 972 690 123

Shops and Services

Agrobotiga Verntallat- 972 690 119 · www.verntallat.cat
Agrolàctics El Mirès- 972 693 205
Antigüedades Ernest Comas- 616 696 567 · www.ernestcomas.cat
Catering Arrossades de la tieta Rosa- www.arrossadesdelatietarosa.com
Embutidos artesanos Gori- 972 693 023 · www.embotitsgori.com
Horno de pan Bataller- 972 690 166
Menja'm- 972 690 929 · www.menjam.cat
Morera Agrocomercio- 972 693 157 · www.grupmorera.com

For further information:

Tourist Office. Centro de Cultura y Naturaleza CAN TRONA
972 692 177 · www.cantrona.cat

www.vallbas.com



More information
www.turismegarrotxa.com

We welcome you to enjoy the visit.

This icon  identifies companies that have signed a collaboration agreement with the territory guarantees a responsible management, sustainable and quality through the European Charter for Sustainable Tourism.

And if you want to know which places to be their customer, you are invited to enjoy activities (walks, ...) Program GPS Garrotxa Plans sensations, to review their current list www.turismegarrotxa.com





ENVIRONMENTAL AND CULTURAL GUIDE COMPANIES

Besalú

- 1 Mike Lockwood
972 59 03 27 - www.walkingcatalonia.net

Olot

- 2 Verd Volcànic, associació per a l'educació ambiental i cultural
972 26 46 15 - www.verdvolcanic.cat
- 3 TOSCA, Serveis Ambientals d'Educació i Turisme 
972 27 00 86 - www.tosca.cat
- 4 Guies de Natura la Garrotxa 
972 26 46 15 - www.escoladenatura.org

Planes d'Hostoles, les

- 5 Discovering Fluvià; vacances i rutes pel riu Fluvià
650 296 524 - www.discoveringfluvia.cat

FARM VISITS

Santa Pau

- 1 La Fageda Fundació 
972 68 10 11 - www.fageda.com

Vall d'en Bas, la


- 2 Mas La Coromina - Granja ATO 
699 74 67 52 - www.maslacoromina.com

Vall d'en Bas, la

- 3 La Xiquella, formatges i turisme rural 
667 71 80 04 - www.laxiquella.cat

GUIDES

Mieres



- 1 En Ruta Girona visites guiades - 656 63 44 40 
www.enrutagirona.cat

ACTIVITIES

In La Garrotxa there are so many ways of having a good time: walking, guided visits, cycles lanes, horse-riding, hot-air balloon rides, museums – take your pick!

ACTIVITIES

Olot

- 1 educArt - 972 90 38 22 
www.educart.biz
- 2 Corriol, serveis educatius - 649 09 03 31
www.corriolserveis.com
- 3 Centre Logístic de Bicicletes - 972 69 20 23 
www.bicicletes.atma.cat

Planes d'Hostoles, les

- 4 Escola de Parapent i Paramotor Vol Factory - 622 87 88 74
www.volfactory.com

Preses, les

- 5 Rucs i Someres - 609 30 49 94 
www.rucsisomeres.com

Sant Feliu de Pallerols

- 6 Natura & Màgia - 650 97 09 60 
www.naturaimagia.com

Sant Ferriol

- 7 Coaching Altitude
Team Building & Outdoor Training
620 88 29 47 - www.coaching-altitude.net

Sant Joan les Fonts

- 8 Tren turístic Tricu Tricu - 633 22 01 82
www.tricutricu.com


Santa Pau

- 9 Vol de Coloms - 972 68 02 55 
www.voldecolums.com
- 10 Activitats Garrotxa - 972 68 03 58
www.activitatsgarrotxa.com
- 11 Naturatours - 610 92 83 56
www.segwaygarrotxa.cat

Vall d'en Bas, la

- 12 Guies de Muntanya i Barrancs Ama Dablam
615 233 442 - www.guiesamadablam.com

Planes d'Hostoles, les

- 13 Bicicarril.com - 972 43 04 13 
www.bicicarril.com

TRAVEL AGENCIES


Olot

- 1 Trescàlia 
972 26 46 15 - www.trescalia.com

Santa Pau

- 2 Nit i Vol 
972 68 02 55 - www.nitivol.com

Planes d'Hostoles, les

- 3 Enjoy Pyrenees 
972 43 04 13 - www.bicicarril.com



Tourist
Office



Information point
(official information point)



Members of the culinary
group Cuina Volcànica



European Charter for sustainable
tourism in protected areas



In the accreditation process of the
European Charter for Sustainable tourism

ACCOMMODATIONS

In La Garrotxa a restful stay is guaranteed. There are over 150 different places to stay, from rural farmhouses to camp-sites, hotels, inns, apartments and youth hostels. You can count on a warm welcome and excellent service, all in a relaxed ambience.



APARTAMENTS

Besalú

- 1 Saltarel·lo - 690 02 23 33
www.apartamentosturisticossaltarello.wordpress.com
- 2 Can Fruitós - 626 10 15 35
www.canfruitos.com

Maià de Montcal

- 3 Mas Riera - 679 64 18 72
www.mas-riera.es
- 4 Can Coromines - 972 59 11 08
www.cancoromines.com
- 5 Cal Tort - 607 28 99 11
www.caltort.cat

Mieres

- 6 Mas Ombravella - 699 01 55 55
www.masombravella.com

Montagut i Oix

- 7 Mas l'Era - 650 43 07 98
www.ambitural.cat

Olot

- 8 Verd Natura - 972 27 37 20
www.apartamentsverd natura.com
- 9 El Solell de l'Àvia - 609 43 93 78
www.elsolelldelavia.com
- 10 Can Llorigó - 647 46 38 77
www.canllorigo.com
- 11 La Cuca de Llum - 615 46 63 22

Planes d'Hostoles, les

- 12 Mas Vedruna - 646 02 73 72
www.masvedruna.com

Sant Ferriol

- 13 L'Arcada de Fares - 972 59 08 55  
www.arcadedefares.com

Sant Jaume de Llierca

- 14 El Balcó del Llierca - 972 28 70 95
www.elbalco.net
- 15 Apartaments del Llierca - 679 57 23 48
www.apartamentsdellierca.com

Santa Pau

- 16 Mas el Carrer - 972 32 16 84
www.marmuntanya.com
- 17 La Francesa - 972 26 22 41
www.lafrancesa.cat
- 18 Can Xel - 972 68 02 11
www.canxel.com
- 19 Can Salgueda - 626 30 22 73
www.cansalgueda.com
- 20 Can Pere Petit - 616 65 75 29
www.canperepetit.com
- 21 Cal Cisteller - 972 26 07 49
www.cisteller.com

Tortellà

- 22 Ca la Lola - 616 90 82 94
www.calalola.cat
- Vall d'en Bas, la
- 23 El Prat - 610 28 66 44
www.apartamentsbas.com
- 24 Colomer-Cullell - 972 69 06 06
www.allotjamentsrurals.com
- 25 Can Rafalot - 972 69 01 84
- 26 Can Morera - 972 69 48 02
www.grupmorera.com

YOUTH HOSTELS

Olot

- 1 Alberg Torre Malagrida
972 26 42 00 - www.xanascacat.cat

Santa Pau

- 2 Alberg Bellavista
639 17 76 82 - www.santapaurural.cat

Vall d'en Bas, la

- 3 Alberg de Vall d'en Bas, la
972 69 07 94 - www.vallbas.cat

CAMP HOUSES

Olot

- 1 Mas la Comademont - 972 26 10 42
www.lacomademont.com
- 2 La Canova d'en Solà - 972 68 03 39
www.accac.cat/lacanova

Preses, les

- 3 Les Preses - 686 41 41 13
www.ambitural.cat

Sant Feliu de Pallerols

- 4 Mas Franch - 626 83 17 14
www.masfranch.org

Sant Feliu de Pallerols

- 5 Granja Escola Mas Colltort - 972 44 43 18
www.mascolltort.cat

Sant Joan les Fonts

- 6 Mas Pinadella - 678 79 64 80
www.coloniesgarrotxa.com/casa/mas-pinadella
- 7 La Cadamont - 972 19 51 36
www.lacadamont.com

Vall de Bianya, la

- 8 Mas Coromina - 972 29 00 67
www.mascoromina.com

Vall d'en Bas, la

- 9 El Rourell - 686 41 41 13
www.elrourell.com

NEAR LA GARROTXA



Sant Miquel de Campmajor

- 10 El Xalió - 938 46 81 01
www.elxalio.com



RURAL TOURISM

H Rooms · C Houses

Beuda

- 1 Can Felicià - 670 70 99 59 - H  
www.canfelicia.com

Mieres

- 2 Cal Carreter - 656 69 50 98 - H  
www.calcarreter.cat

Olot

- 3 Mas Casamitjana - 645 21 72 18 - C
www.mascasamitjana.cat

Preses, les

- 4 Mas Masnou - 689 68 18 83 - C
www.masmasnou.com

Riudaura

- 5 La Rovirota - 619 37 06 72 - C
www.larovirota.cat

Sant Feliu de Pallerols

- 6 Casa Prat - 648 10 37 35 - C  
www.calurural.com
- 7 Can Ventura - 648 10 37 35 - C
www.calurural.com
- 8 La Rectoria de Sant Miquel de Pineda - H  
691 35 31 11 - www.larectoriadesanmiquel.com

Sant Joan les Fonts

- 9 Mas Molera - 661 91 94 47 - H
www.masmolera.com
- 10 Cal Xicot - 618 83 32 03 - C
www.calxicot.cat
- 11 Mas Violella - 650 43 07 98 - C
www.ambitural.cat










Santa Pau

- 12 Mas Can Batlle - 972 68 03 48 - H
www.mascanbatlle.com
- 13 Mas Cantallops - 972 68 02 57 - C
www.mascantallops.com

Vall de Bianya, la

- 14 La Vila / Can Capsec - 972 29 00 76 - C
www.cancapsec.com
- 15 Mas Prat - 645 90 10 26 - C
www.masprat.net
- 16 El Callís - 625 69 27 56 - C
www.casaruralelcallis.com

Vall d'en Bas, la

- 17 Les Comeselles - 628 61 77 59 - H  
www.lescomeselles.com
- 18 El Ferrés - 972 69 00 29 - H  
www.elferres.com
- 19 Mas Garganta - 677 44 02 76 - H  
www.masgarganta.com
- 20 El Bosquet - 651 92 31 24 - H  
www.elbosquet.com
- 21 Mas Rubió - 650 62 01 03 - H  
www.masrubio.com
- 22 Can Piqué - 679 41 36 80 - H
www.canpique.org
- 23 Can Riera Casa Rural - 686 30 34 06 - H
www.canriera.es
- 24 Mestrehumà - 972 26 73 33 - C
www.fina.cat/can-mestrehuma
- 25 La Xiquella, turisme rural i formatges - C  
667 42 10 65 - www.laxiquella.cat





HOTELS AND PENSIONS

Castellfollit de la Roca

- 1 Fonda Ca la Paula - 972 29 40 32
www.fondacalapaula.com - Pensió **

Montagut i Oix

- 2 Hostal de la Rovira - 972 29 43 47
www.hostaldelarovira.es - Hotel *

Olot

- 3 Hotel Riu Fluvià - 972 26 94 44
www.riufuvia.es - Hotel ****
4 Hotel Can Blanc - 972 276020
www.canblanc.es - Hotel ***
5 Hotel Borrell - 972 27 61 61
www.hotelborrell.com - Hotel ***
6 Hotel-Apartament Perla d'Olot
972 26 23 26 - www.hotellaperlaot.com
Hotel-Apartament***
7 Hotel La Perla d'Olot - 972 26 23 26
www.hotellaperlaot.com - Hotel **
8 Pensió Restaurant els Amolls - 690 21 18 80
www.amolls.com - Pensió **
9 Les Cols Pavellons - 699 813 817
www.lescospavellons.com - Pensió **
10 Hostal la Vila - 972 26 98 07
www.hostallavila.com - Hostal**
11 Hostal Sant Bernat - 972 26 19 19
www.hostalsantbernad.com - Pensió *

Planes d'Hostoles, les

- 12 Hotel Can Garay - 972 44 82 53
www.hotelcangaray.com - Hotel **
Preses, les

- 13 Hostal Vertisol - 972 69 21 48
www.hostalvertisol.com - Pensió *

Sant Feliu de Pallerols

- 14 Finca el Ventós - 972 10 79 62
www.elventos.com - Hotel ****

- 15 Fonda Finet - 972 44 80 12
www.fondafinet.com - Pensió *

Santa Pau

- 16 La Fonda de Cal Sastre - 972 68 00 95
www.calsastre.com - Hotel ****

- 17 Hostal Bar Can Menció - 972 68 00 14
www.canmencio.com - Pensió **

Tortellà

- 18 Hostal L'Alta Garrotxa - 972 28 78 78
www.hotelaltagarrotxa.com - Hotel **

Vall de Bianya, la

- 19 Hotel Mas la Ferreria - 972 29 13 45
www.hotelmaslaferreteria.com - Hotel ****

Vall d'en Bas, la

- 20 Hotel Vall de Bas - 972 69 01 01
www.canmorera.com - Hotel ****

- 21 Fonda Barris - 972 69 00 64
www.fondabarris.com - Pensió *

NEAR LA GARROTXA

Albanyà

- 22 Hostatgeria Mare de Déu del Mont - 972 19 30 74
www.marededeudelmont.com - Pensió *

Camprodon

- 23 Hostal El Forn - 972 74 12 30
www.elforndebeget.com - Pensió **

Susqueda

- 24 Pensió Restaurant Santuari del Far - 972 19 01 69
www.santuarielfar.com - Pensió **

- 25 Pensió Bar Restaurant Coll de Condreu
972 44 43 19 - www.coldecondreu.com - Pensió *

Tavertet

- 26 Hotel - Apartament L'Avenc - 938 81 61 59
www.avenc.com - Hotel-Apartament***

Vilademuls

- 27 Hotel Casa Ana Maria - 872 59 17 21
www.hotelcasanamaria.com - Hotel ****



LOCAL PRODUCTS

Olot

- 1 5 Titius - 972 27 65 92
www.5titius.cat
2 La Nevateria - 972 27 27 45
www.lanevateria.cat
3 Cafeteria Ferrer Xocolata - 972 26 08 93
www.ferrerxocolata.cat
Vall d'en Bas, la
4 Agrobotiga Vermallat - 972 69 01 19
www.vermallat.cat



CAMPITES

Montagut i Oix

- 1 Montagut - 972 28 72 02
www.campingmontagut.com
2 La Soleia d'Oix - 972 29 45 61
www.lasoleiadoix.cat

Olot

- 3 Les Tries - 972 26 24 05
www.lestries.com

Planes d'Hostoles, les

- 4 L'Alguer - 972 44 86 00
www.campingalguer.com

Preses, les

- 5 Natura Les Preses - 972 69 20 93
www.campingnatura.cat

Santa Pau

- 6 La Fageda - 972 27 12 39
www.campinglafageda.com
7 Ecològic Lava - Restaurant - 972 68 03 58
www.campinglava.com

Vall de Bianya, la

- 8 Vall de Bianya - 972 29 00 57
www.campingbianya.com



REAL FOOD








La Garrotxa has restaurants for all tastes that will satisfy the most sophisticated of gastronomes and those who come in search of authentic local cookery. Some restaurants provide – literally – a taste of local history, while others specialise in the use of local products or incorporate innovative ideas into traditional local cuisine.

One thing is sure: you will come back for more!



RESTAURANTS

Cuina Volcànica

Besalú	
1 La Cúria Reial - 972 59 02 63	 
www.curiareial.com	
Olot	
2 Font Moixina - 972 26 10 00	 
www.fontmoixina.com	
3 Hostal dels Ossos - 972 26 61 34	 
www.hostaldelsossos.com	
4 La Deu - 972 26 10 04	 
www.ladeu.es	
5 La Quinta Justa - 972 27 12 09	 
www.laquinjusta.cat	
Sant Feliu de Pallers	
6 Ca la Matilde - 972 44 42 69	 
www.facebook.com/calamatilde	
Santa Pau	
7 Can Xel - 972 68 02 11	 
www.canxel.com	
Vall d'en Bas, la	
8 L'Hostalet - 972 69 00 06	 
www.restaurantlhostalet.com	

Besalú	
10 Can Quei - 972 59 00 85	 
www.canquei.com	
Castellfolit de la Roca	
11 Ca La Paula - 972 29 40 32	 
www.fondacalapaula.com	
Mieres	
12 Can Met - 972 68 02 01	 
13 La Garrotxa - 972 68 20 78	 
www.restaurantlagarrotxa.com	
Olot	
14 B-Crek Restaurant - 972 26 83 37	 
www.bcrek.com	
15 B-Crek Entrepans - 972 26 65 86	 
www.bcrek.com	
16 Ca l'Adri - 972 26 20 01	 
www.cafeeuropa.cat	
17 Cafè Europa - 972 27 31 13	 
www.cafeeuropa.cat	
18 Can Guix - 972 26 10 40	 
19 El 9 Volcanet - 972 27 28 32	 
www.elvolcanet.com	
20 El Firalet d'en 6Q - 972 28 04 34	 
www.elfiralet.cat	
21 Els Catòlics - 972 26 15 52	 
www.elscatolicisolot.com	
22 La Braseria - 972 27 26 11	 
www.canmorera.com	

23 La Canal - 972 26 95 09	 
www.facebook.com/RestaurantLaCanal	
24 La Cuina de l'Orfeó - 972 26 96 66	 
www.facebook.com/cuinaorfeo	
25 La Cuina del Mercat - 972 28 01 20	 
www.restaurantolot.com	
26 La Perla - 972 26 23 26	 
www.hotellaperlaolot.com	
27 Les Cols - 972 26 92 09	 
www.lescolds.com	
28 Les Olletes - 972 26 71 61	 
29 Les Pedretes - 972 26 52 65	 
www.restaurantlespedretes.com	
30 Lògic Restaurant - 972 28 04 48	 
31 Pizzeria Torino - 972 26 97 48	 
www.restaurantpizzeriatorino.com	
32 Ramon - 972 26 10 01	 
www.restaurant-celiacos-olot.com	
33 Restaurant del Mig - 972 27 02 98	 
www.elmig.cat	
34 Sant Ferriol - 972 26 92 15	 
www.facebook.com/SantFerriol	
35 Viena Olot - 972 26 02 97	 
www.viena.es	
Planes d'Hostoles, les	
36 Fonda Arnau - Can Remena - 972 44 80 12	 
37 Hostal del Fang - 972 43 10 05	 
www.hostaldelfang.blogspot.com.es	
38 La Curenya - 972 11 77 72	 
www.lacurenya.cat	
39 La Torre dels Til·lers - 972 44 80 10	 
www.torretil-lers.com	
40 Mas el Siubès - 972 98 01 87	 
www.maselsiubes.com	
Sales de Llierca	
41 Hostal de Sadernes - 972 68 70 77	 
Sant Aniol de Finestres	
42 B&Versions - 972 10 79 62	 
www.elventos.com	
Sant Ferriol	
43 L'Arcada de Fares - 972 59 08 55	 
www.arcadadefares.com	
Sant Jaume de Llierca	
44 El Collet - 972 68 77 09	 
www.restaurantelcollet.com	
Sant Joan les Fonts	
45 La Font del Grèvol - 972 29 20 61	 
Santa Pau	
46 Cal Sastre - 972 68 04 21	 
www.calsastre.com	
47 Càmping Lava - 972 68 03 58	 
www.campinglava.com	
48 La Fageda - 972 27 15 24	 
www.lafagedarestaurantjimdo.com	
49 La Francesa - 972 26 22 41 - www.lafrancesa.cat	 
Vall de Bianya, la	
50 Ca la Mercè - 972 29 04 72	 
51 Ca la Nàsia - 972 29 02 00 - www.calanasia.cat	 
52 Ca l'Enric - 972 29 00 15	 
www.restaurantcalenric.cat	
Vall d'en Bas, la	
53 Ca La Carmelita - 972 69 32 56	 
www.calacarmelita.com	
54 Ca l'Esteve - 972 69 06 00	 
www.braseriacalesteve.com	
55 Can Morera - 972 69 48 02 - www.canmorera.com	 
56 Can Trona - 972 69 01 91	 
57 Can Turó - 972 69 34 52	 
58 Sant Miquel - 972 69 01 23	 

NEAR LA GARROTXA

Albanya	
59 Mare de Déu del Mont - 972 19 30 74	 
www.maredeudeudelmont.com	
Cantonigròs	
60 Ca La Rotllada - 93 856 50 24	 
www.calarotllada.com	
Ollers	
61 Casa Annamaria - 872 59 17 21	 
www.hotelcasanannamaria.com	
Rocabruna	
62 Can Po - 972 74 10 45	 



BARS

Olot

1 6T7 - 972 27 28 76	 
2 Bufador - 972 26 39 01	 
4 Cafeteria Rocanegra - 972 27 25 44	 
5 Cal Txe - 972 26 66 39	 
6 Can Xena - 972 26 16 01	 
7 Club - Menjars Can Pelaio - 972 26 16 05	 
www.clubcanpelaio.com	
8 Dit i Fet - 972 27 55 71	 
9 Eko - 872 02 29 32	 
10 El Cafè del Firal - 678 91 05 93	 
11 Frankfurt El Farolet - 972 26 23 99	 
www.frankfurtelfarolet.com	
12 Gastrobar El Celler - 972 27 54 80	 
13 Gastrobar La Barra d'en Regue - 972 27 17 05	 
14 Hostal del Sol - 972 267 879	 
www.hostaldelsol.net	
15 La Gruta - 659 01 06 40	 
16 L'Altre Manolo - 972 26 37 16	 
17 L'Ansar - 972 27 13 05	 
18 L'Arcada - 972 27 32 06	 
19 L'Aroma del Te - 972 27 23 14	 
20 L'Entrepà - 972 26 71 13	 
21 L'Oficina - 972 26 97 24	 
22 Moment Bus Cafeteria - 972 27 65 28	 
23 Monicar - 972 26 95 35	 
24 Pekin - 972 26 03 31	 
25 Sa Dragonera - 972 27 40 26	 
26 Sport - 972 26 44 37	 
27 Tornem-hi - 972 98 43 29	 
Santa Pau	
28 Can Pauet - 972 68 01 16	 

NEAR LA GARROTXA

Amer

29 Snack Torrent - 972 43 00 73	 
www.snackbartorrent.com	



CULTURAL SPACES

Besalú

- 1 Espai Cultural Cúria Reial - Besalú
972 59 12 40 - www.besalu.cat

Sant Joan les Fonts

- 2 Castell de Juvinyà
972 29 05 07 - www.turismesantjoanlesfonts.com

Vall de Bianya, la

- 3 Centre d'Interpretació del
Paisatge de la Vall de Bianya
972 29 09 33 - www.valldebianya.com



Sant Feliu de Pallerols

Oficina de Turisme de Sant Feliu de Pallerols
972 44 44 74 - Ctra. d'Olot, 43
www.santfeliudepallerols.cat

Sant Joan les Fonts

Oficina de Turisme de Sant Joan les Fonts
972 29 05 07 - Carrer Sant Pere, 2
www.turismesantjoanlesfonts.com

Santa Pau - Oficina de Turisme de Santa Pau

972 68 03 49 - Plaça Major, 1
www.santapau.cat

- 3 Santa Pau - Can Passavent
972 19 50 94 - Volcà del Croscat
parcsnaturals.gencat.cat/ca/garrotxa

- 2 Santa Pau - Can Serra
972 19 50 74 - Fageda d'en Jordà
parcsnaturals.gencat.cat/ca/garrotxa

Vall d'en Bas, la

Oficina de Turisme de la Vall d'en Bas
972 69 21 77 - Joanetes, Passatge de Can Trona 26
www.vallbas.cat

RENTALS FOR MEETINGS

La Casica de l'Obrador

658 76 22 75 - www.psicologiaysalud.eu
Òpera Lloguers
972 40 63 73 - www.operaloguers.com

ASSOCIATIONS

Associació d'Hostalatge de la Garrotxa

972 27 49 00 - www.garrotxahostalatge.cat

Associació d'Alotjaments Rurals de la Garrotxa

972 26 22 41 - www.arural.com

Agrupació de Cases de Colònies de la Garrotxa

972 26 52 94 - www.coloniesgarrotxa.com

Associació Turisme Rural Garrotxa

872 02 90 70 - www.turismeruralgarrotxa.cat

Associació de Comerciants d'Olot

972 26 93 01 - www.acolot.com

Associació de Turisme i Comerç de la Vall d'en Bas

972 27 16 00 - www.vallbas.com

Associació de Placers del Mercat d'Olot

659 12 61 42

MUSEUMS

Besalú

- 1 Museu de Miniatures i

Microminiatures de Besalú

972 59 18 42 - www.museuminiaturesbesalu.com

Olot

Casa Museu Can Trincheria - 972 27 27 77
museus.otlot.cat

Museu de la Garrotxa - 972 27 11 66
museus.otlot.cat

Museu dels Sants - 972 26 67 91
museus.otlot.cat


Museu dels Volcans - 972 26 67 62
museus.otlot.cat

Vall d'en Bas, la

- 2 Centre de Cultura i Natura Can Trona

972 69 21 77 - www.cantrona.cat

THE BEST POSSIBLE INFORMATION

Is there still something you are not sure about? Do you need more information about a particular walk? The answer is to head for any of the local tourist offices  or information centres. Here excellent professionals will be on hand to help you, and to provide maps and written material that will enable you to fully appreciate your stay in La Garrotxa.

TOURIST OFFICES OF LA GARROTXA VOLCANIC ZONE NATURAL PARK

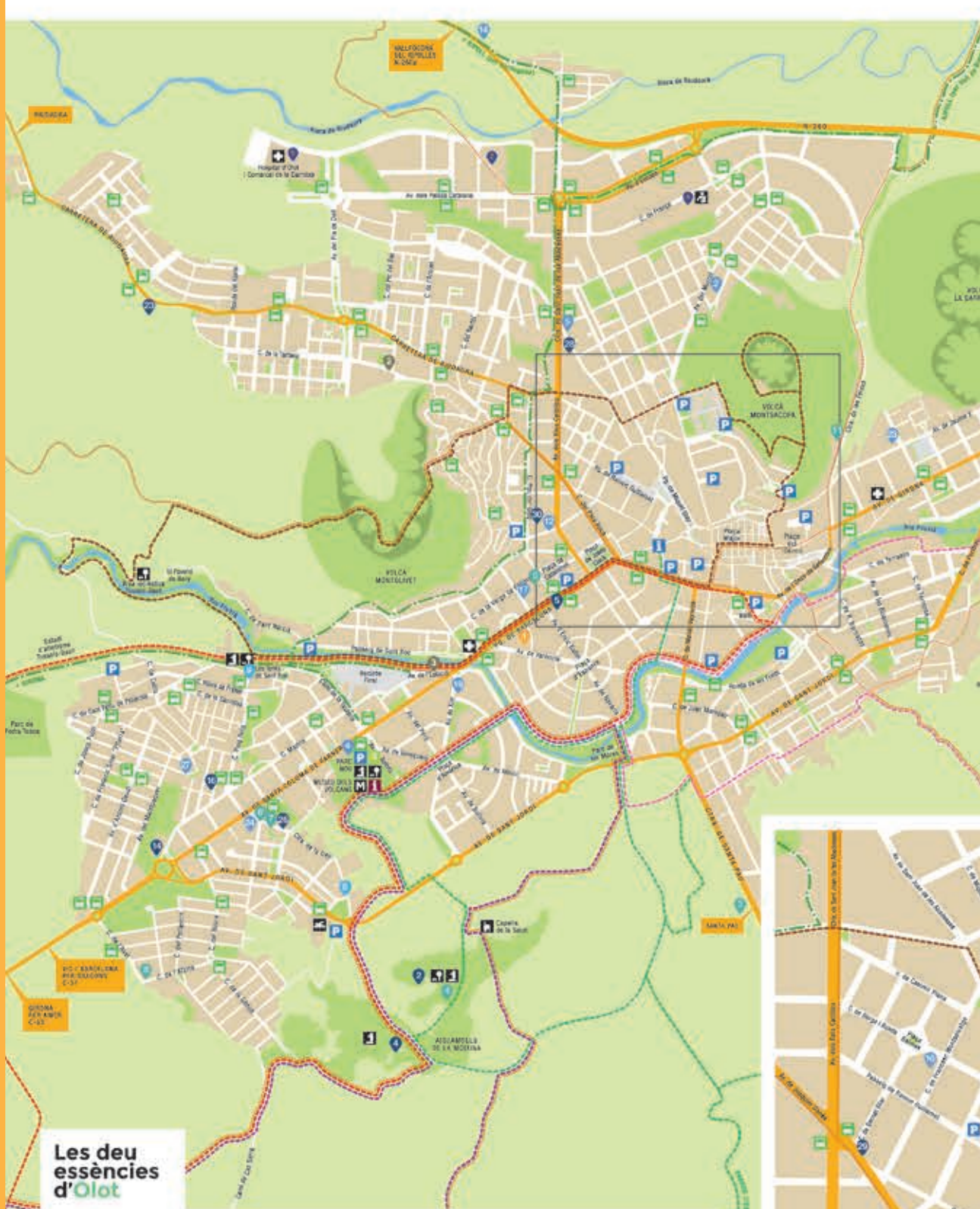
Besalú - Oficina de Turisme de Besalú
972 59 12 40 - Carrer del Pont, 1
www.besalu.cat

Olot - Oficina de Turisme d'Olot
972 26 01 41 - Carrer de Francesc Fàbregas, 6
www.turismeolot.cat

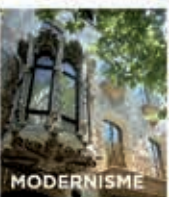
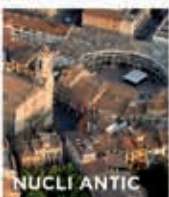
Olot - Casal dels Volcans
972 26 81 12 - Av. Santa Coloma, 47
parcsnaturals.gencat.cat/ca/garrotxa

Preses, les - Oficina de Turisme de les Preses
972 69 49 04 - Antiga Estació, s/n
www.lespreses.cat





Les deu essències d'Olot





TOURIST OFFICES



Oficina de Turisme d'Olot.
Carrer de Francesc Fàbregas, 6 · 972 26 01 41



NATURAL PARK INFORMATION CENTERS



Casal dels Volcans. Av. Santa Coloma, 47 · 972 26 81 12

USEFUL TELEPHONE

- 1 Ajuntament d'Olot. Passeig Ramon Guillaumet, 10 · 972 27 91 00
- 2 Bombers. Carrer de l'Estadi, s/n · 972 26 00 88
- 3 Policia Municipal d'Olot. Mirador, s/n · 972 27 91 33
- 4 Mossos d'Esquadra. França, s/n · 972 54 17 00
- 5 Hospital d'Olot i Comarcal de la Garrotxa. Avinguda Països Catalans, 86 · 972 26 18 00
- 6 Taxis. Estació d'Autobusos · 972 26 15 66
- 7 Central d'Autobusos, TEISA. Tomás Lorenzana, 18 · 972 26 01 96



Carrilet cycle lane



Els volcans d'Olot: ruta 1.
Volcà de les Bisarques



Els volcans d'Olot: ruta 2.
Volcà del Montscopa i de Montolivet



Els volcans d'Olot: ruta 3.
Camins de Pedra Tosca



Els volcans d'Olot: ruta 4.
Volcà de Cabrioler i del Racó



Itinerari font Moixina



Health service



Modernist house



Pool



Fountain



Police



Museum



Park



Church



Post office



Taxis



Bus



Parking



Especialitats Gastronòmiques

Download the best apps for
discovering Olot.

Download the best apps for discovering La Garrotxa



Turisme Garrotxa



Garrotxa Cuitour



Itinerànnia



El Ripollès

Osona

**TURISME
GARROTXA**



www.turismegarrotxa.com

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Alt Empordà

El Pla de l'Estany

El Gironès

- La Garrotxa Volcanic Zone Natural Park
- Protected natural area
- Alta Garrotxa Area of Natural Interest
- Built-up area
- Freeway
- Main roads
- Minor roads
- Long-distance footpath (GR)
- Olot-Girona Greenway
- Way of St. James
- Vio-Olot old trail
- Capsacoasta roman road
- Itinerària paths



Volcanoes



Digital Tourist Information Points



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